

Individual Best Times (All Time)

Rainbow Allen - (1344539) - Diss Otters SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	51.70	52.10	87	09/07/17	TeamipswichJuly Surprize Meet 2017	Ipswich	ER170554	3
100 Freestyle	2:06.63	2:07.30	62	15/10/17	20th Diss Otters Open Sprint Meet	UEA Sportspark	ER171007	3
50 Breaststroke	1:09.63	1:10.10	67	09/07/17	TeamipswichJuly Surprize Meet 2017	Ipswich	ER170554	3
100 Breaststroke	2:24.10	2:25.00	81	15/10/17	20th Diss Otters Open Sprint Meet	UEA Sportspark	ER171007	3
50 Backstroke	59.65	1:00.00	75	15/10/17	20th Diss Otters Open Sprint Meet	UEA Sportspark	ER171007	3