

Individual Best Times (All Time)

Harrison Brooks - (1357263) - Dunmow Atlantis SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.72	28.00	385	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
100 Freestyle	1:06.52	1:05.20	349	30/06/18	Bishops Stortford Long Course Open Meet	Luton	ER180172	3
50 Breaststroke	37.73	36.90	325	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
50 Butterfly	32.51	31.90	321	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
50 Backstroke	33.52	32.90	346	01/02/20	Essex Age Group Championships 2020	London	ER200176	1
100 Backstroke	1:12.14	1:11.00	365	29/02/20	Essex Age Group Championships 2020	Basildon	ER200175	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.29	29.00	361	15/06/19	8th Eric Shepherd Open Meet	Harlow	ER191328	3
100 Freestyle	1:04.13	1:05.40	341	29/06/19	Dunmow Atlantis Club Championships	Dunmow	ER192114	4
200 Freestyle	2:45.32	2:47.40	217	13/07/18	Dunmow Atlantis Club Championships	Great Dunmow	ER181599	4
50 Breaststroke	37.44	38.30	295	23/11/19	BBSC & DASC Christmas Cracker 2019	Braintree	ER192686	3
100 Breaststroke	1:24.83	1:26.30	276	15/06/19	8th Eric Shepherd Open Meet	Harlow	ER191328	3
50 Butterfly	31.96	32.50	315	05/07/19	Dunmow Atlantis Club Championships	Dunmow	ER192115	4
100 Butterfly	1:20.08	1:21.00	212	23/03/19	Teamipswich March Open 2019	Ipswich	ER190275	3
50 Backstroke	32.37	33.00	318	20/10/19	Essex Senior Winter Champs	Basildon	ER191968	2
100 Backstroke	1:10.27	1:11.40	325	23/11/19	BBSC & DASC Christmas Cracker 2019	Braintree	ER192686	3
200 Backstroke	2:38.89	2:41.00	293	20/10/19	Essex Senior Winter Champs	Basildon	ER191968	2
200 Individual Medley	2:57.58	2:59.80	235	13/07/18	Dunmow Atlantis Club Championships	Great Dunmow	ER181599	4
100 Individual Medley	1:17.78	1:17.80	254	08/07/18	Dunmow Atlantis Club Championships	Great Dunmow	ER181597	4