

Individual Best Times (All Time)

Kayla Baker - (1359422) - Black Lion SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.22	30.50	432	19/01/19	Kent Swimming Championships 2019	London	SE190347	1
100 Freestyle	1:09.02	1:07.80	420	20/07/19	BPSC End Of Season Meet 2019	Basildon	ER190187	3
200 Freestyle	2:30.68	2:28.40	420	15/06/19	Crawley Summer Splash Long Course Meet	Crawley	SE190068	3
50 Breaststroke	38.22	37.40	444	14/03/20	2020 London Region Spring Open Meet	London	LR200423	1
100 Breaststroke	1:24.83	1:23.30	432	15/03/20	2020 London Region Spring Open Meet	London	LR200423	1
200 Breaststroke	3:10.53	3:07.70	376	20/07/19	BPSC End Of Season Meet 2019	Basildon	ER190187	3
50 Butterfly	37.29	36.80	281	20/04/19	BPSC Easter Meet 2019	Basildon	ER190188	1
50 Backstroke	41.47	41.00	271	12/05/18	BPSC Spring Long Course Event 2018	Basildon	ER180360	1
100 Backstroke	1:24.96	1:24.00	307	15/06/19	Crawley Summer Splash Long Course Meet	Crawley	SE190068	3
200 Individual Medley	3:12.65	3:10.60	280	15/07/17	RTSC End of Season Meet 2017	London	LR170651	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.35	31.00	431	27/10/18	Kent Development Meet 2018	Gillingham	SE181909	3
100 Freestyle	1:05.48	1:06.70	451	24/11/19	Black Lion Level 3 Winter Open Meet	Gillingham	SE193232	3
200 Freestyle	2:26.29	2:28.60	428	23/11/19	Black Lion Level 3 Winter Open Meet	Gillingham	SE193232	3
400 Freestyle	5:39.64	5:43.80	315	12/11/17	BLSC Club Championships 2017	Medway Park	SE172220	4
800 Freestyle	10:31.01	10:40.10	433	28/09/19	Bromley SC 800 and 1500m Invitational Time Trial	Gillingham	LR191594	3
50 Breaststroke	37.42	38.30	435	12/07/21	Black Lion	Medway Park	LEX3243	0
100 Breaststroke	1:21.94	1:23.50	440	14/12/19	NASL South Round 3	Gillingham	SE193322	3
200 Breaststroke	2:59.15	3:02.10	423	08/12/19	Bromley SC Christmas Gold Open Meet 2019	Bromley	LR191593	3
50 Butterfly	36.04	36.60	309	23/11/19	Black Lion Level 3 Winter Open Meet	Gillingham	SE193232	3
100 Butterfly	1:23.00	1:23.90	276	02/03/19	BLSC Development Meet	Medway Park	SE191476	3
50 Backstroke	38.22	38.70	288	24/11/19	Black Lion Level 3 Winter Open Meet	Gillingham	SE193232	3
100 Backstroke	1:21.04	1:22.00	310	05/06/18	Medway ASA Championships 2018	Gillingham	SE180426	3
200 Backstroke	3:12.70	3:14.40	235	17/09/17	BLSC Club Championships 2017	Medway Park	SE172219	4
200 Individual Medley	2:47.03	2:49.40	388	05/05/19	Black Lion Level 3 Spring Open Meet	Medway Park	SE191534	3
400 Individual Medley	6:01.66	6:06.50	367	06/04/19	BLSC Regional Open Meet	Medway Park	SE191492	3
100 Individual Medley	1:20.10	1:20.10	351	17/02/18	Medway ASA Championships 2018	Gillingham	SE180424	3