

Individual Best Times (All Time)

Isabella Anson - (1366144) - Worksop Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.16	33.50	330	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3
100 Freestyle	1:14.52	1:13.40	334	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3
200 Freestyle	2:44.91	2:42.80	320	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3
50 Breaststroke	42.47	41.70	323	21/01/23	Nottinghamshire ASA County Championships 2023	Nottingham	EM230409	1
100 Breaststroke	1:38.90	1:37.60	272	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.66	33.30	346	09/10/22	Worksop Dolphins SC Autumn Open Meet	Worksop	EM221373	3
100 Freestyle	1:10.81	1:12.00	357	04/12/22	Nottinghamshire ASA Festive Frenzy 2022	Nottingham	EM222120	3
200 Freestyle	2:36.25	2:38.50	351	16/07/23	Nottinghamshire A.S.A. Summer Gala 2023	Nottingham	EM231104	3
400 Freestyle	5:35.09	5:39.30	328	15/07/23	Nottinghamshire A.S.A. Summer Gala 2023	Nottingham	EM231104	3
50 Breaststroke	42.18	42.90	304	12/11/23	Worksop Dolphins Club Championships 2023	Worksop	EM232308	4
100 Breaststroke	1:30.73	1:32.10	324	08/10/23	Worksop The Bill Parr Memorial Open Meet 2023	Worksop	EM231528	3
200 Breaststroke	3:28.21	3:30.70	269	17/07/22	Nottinghamshire ASA Summer Gala 2022	Harvey Hadden	EM220941	3
50 Butterfly	38.92	39.40	245	09/10/22	Worksop Dolphins SC Autumn Open Meet	Worksop	EM221373	3
100 Butterfly	2:01.78	2:02.40	87	12/10/19	Worksop Dolphins Club Championships 2019	Worksop	EM193042	4
50 Backstroke	40.02	40.50	251	14/11/21	Worksop Dolphins Club Championships 2021	Worksop	EM211001	4
100 Backstroke	1:25.78	1:26.70	262	25/03/23	Notts Sports Centre League 2023 - Division 2	Hucknall	EM230433	4
200 Backstroke	3:47.82	3:49.30	142	13/10/19	Worksop Dolphins Club Championships 2019	Worksop	EM193042	4
200 Individual Medley	2:58.13	3:00.30	320	15/07/23	Nottinghamshire A.S.A. Summer Gala 2023	Nottingham	EM231104	3
100 Individual Medley	1:22.17	1:22.20	325	13/05/23	Notts Sports Centre League 2023 - Division 2	Worksop	EM230434	4