

Individual Best Times (All Time)

Millie Aram - (1372264) - Dartford District SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.05	34.70	305	01/12/23	Dartford District SC Club Champs	Fairfield	SE231018	4
100 Freestyle	1:13.89	1:15.00	314	14/07/23	Dartford District SC Club Champs	Fairfield	SE231017	4
200 Freestyle	2:54.09	2:56.10	254	11/11/22	Dartford District SC Club Champs 2022	Fairfield	SE222015	4
400 Freestyle	5:44.00	5:48.10	303	30/06/23	Dartford District SC Club Champs	Fairfield	SE231012	4
800 Freestyle	11:37.32	11:45.60	320	05/07/23	Dartford District SC Club Champs	Fairfield	SE231014	4
1500 Freestyle	22:21.97	22:37.30	310	23/06/23	Dartford District SC Club Champs	Fairfield	SE231010	4
50 Breaststroke	45.94	46.60	235	01/12/23	Dartford District SC Club Champs	Fairfield	SE231018	4
100 Breaststroke	1:42.46	1:43.70	225	07/11/21	Erith & District Fireworks Meet 2021	Crook Log	LR210953	3
200 Breaststroke	3:29.67	3:32.20	264	14/07/23	Dartford District SC Club Champs	Fairfield	SE231017	4
50 Butterfly	37.50	38.00	274	01/12/23	Dartford District SC Club Champs	Fairfield	SE231018	4
100 Butterfly	1:29.97	1:30.80	216	02/07/23	Dartford District SC Club Champs	Fairfield	SE231013	4
50 Backstroke	40.03	40.50	250	01/12/23	Dartford District SC Club Champs	Fairfield	SE231018	4
100 Backstroke	1:27.76	1:28.70	244	17/07/22	Bexley SC Summer Sizzler	Bexleyheath	LR220907	3
200 Backstroke	3:00.81	3:02.60	284	02/07/23	Dartford District SC Club Champs	Fairfield	SE231013	4
200 Individual Medley	3:03.65	3:05.80	292	02/07/23	Dartford District SC Club Champs	Fairfield	SE231013	4
100 Individual Medley	1:25.56	1:25.60	288	30/06/23	Dartford District SC Club Champs	Fairfield	SE231012	4