

Individual Best Times (All Time)

Leah Adams - (1375939) - Kingfishers Scarborough SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.29	32.70	356	17/02/24	Yorkshire SA Championships 2024	Sheffield	NE240026	1
100 Freestyle	1:17.21	1:16.10	300	04/02/24	Yorkshire SA Championships 2024	Leeds	NE240024	1
200 Freestyle	2:43.21	2:41.10	330	10/02/24	Yorkshire SA Championships 2024	Leeds	NE240025	1
400 Freestyle	5:46.03	5:41.90	314	04/02/24	Yorkshire SA Championships 2024	Leeds	NE240024	1
50 Breaststroke	54.90	54.30	149	18/02/23	Yorkshire Swimming Association Championships 2023	Sheffield	NE230056	1
50 Butterfly	38.50	38.00	255	17/02/24	Yorkshire SA Championships 2024	Sheffield	NE240026	1
50 Backstroke	38.98	38.50	327	17/02/24	Yorkshire SA Championships 2024	Sheffield	NE240026	1
100 Backstroke	1:20.68	1:19.70	358	27/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
200 Backstroke	2:57.77	2:55.90	332	11/02/24	Yorkshire SA Championships 2024	Leeds	NE240025	1
200 Individual Medley	3:03.20	3:01.00	326	03/02/24	Yorkshire SA Championships 2024	Leeds	NE240024	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.88	33.50	339	14/10/23	Yorkshire SA Winter Competitions 2023	Leeds	NE230685	2
100 Freestyle	1:12.11	1:13.30	338	07/04/24	Scarborough Spring Splash 2024 ABC	Scarborough	NE240058	3
200 Freestyle	2:39.49	2:41.70	330	07/01/24	Harrogate District SC Janus Meet 2024	Harrogate	NE240032	3
400 Freestyle	5:42.05	5:46.10	309	06/01/24	Harrogate District SC Janus Meet 2024	Harrogate	NE240032	3
50 Breaststroke	46.12	46.80	232	07/04/24	Scarborough Spring Splash 2024 ABC	Scarborough	NE240058	3
50 Butterfly	37.23	37.70	280	07/04/24	Scarborough Spring Splash 2024 ABC	Scarborough	NE240058	3
100 Butterfly	1:45.86	1:46.60	133	18/09/22	Beverley Barracudas County Qualifier	Beverley	NE220512	3
50 Backstroke	37.33	37.90	309	07/01/24	Harrogate District SC Janus Meet 2024	Harrogate	NE240032	3
100 Backstroke	1:20.09	1:21.10	321	06/04/24	Scarborough Spring Splash 2024 ABC	Scarborough	NE240058	3
200 Backstroke	2:54.39	2:56.30	317	04/11/23	NE Regional Age Group Championships (25m) 2023	Sheffield	NE231347	2
200 Individual Medley	2:59.87	3:02.10	310	06/04/24	Scarborough Spring Splash 2024 ABC	Scarborough	NE240058	3
100 Individual Medley	1:22.56	1:22.60	320	07/04/24	Scarborough Spring Splash 2024 ABC	Scarborough	NE240058	3