

Individual Best Times (All Time)

Carys Anwyl - (1394601) - Trafford Metro Bor SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:21.97	1:20.90	251	07/12/19	MANCHESTER SNOW'PEN MEET 2019	MANCHESTER	NW190445	3
50 Breaststroke	52.15	51.50	174	08/12/19	MANCHESTER SNOW'PEN MEET 2019	MANCHESTER	NW190445	3
100 Breaststroke	1:57.19	1:56.10	163	08/12/19	MANCHESTER SNOW'PEN MEET 2019	MANCHESTER	NW190445	3
50 Butterfly	37.93	37.40	267	08/12/19	MANCHESTER SNOW'PEN MEET 2019	MANCHESTER	NW190445	3
100 Backstroke	1:38.74	1:37.90	195	08/12/19	MANCHESTER SNOW'PEN MEET 2019	MANCHESTER	NW190445	3
200 Individual Medley	3:27.11	3:25.20	225	08/12/19	MANCHESTER SNOW'PEN MEET 2019	MANCHESTER	NW190445	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.67	33.30	345	12/03/22	BCM Greater Manchester Age Group Meet	Wigan	NW220491	3
100 Freestyle	1:15.99	1:17.10	289	21/11/21	Trafford Metro Bor SC 2021 Club Championships	Sale	NW211408	4
200 Freestyle	2:55.32	2:57.30	249	01/03/20	Greater Manchester Age Group Meet 2020	Wigan	NW200026	3
50 Breaststroke	48.96	49.60	194	01/03/20	Greater Manchester Age Group Meet 2020	Wigan	NW200026	3
100 Breaststroke	1:47.86	1:49.00	193	06/10/19	Trafford Metro Borough SC Point Score 2019	Sale	NW191511	4
50 Butterfly	35.87	36.40	313	21/11/21	Trafford Metro Bor SC 2021 Club Championships	Sale	NW211408	4
100 Butterfly	1:32.39	1:33.20	200	01/03/20	Greater Manchester Age Group Meet 2020	Wigan	NW200026	3
50 Backstroke	39.20	39.70	267	12/03/22	BCM Greater Manchester Age Group Meet	Wigan	NW220491	3
100 Backstroke	1:30.49	1:31.40	223	12/03/22	BCM Greater Manchester Age Group Meet	Wigan	NW220491	3
200 Individual Medley	3:14.51	3:16.50	245	10/07/21	Trafford Metro	Sale	LEX3364	0
100 Individual Medley	1:29.60	1:29.60	250	15/12/19	Flixton Trafford Borough Christmas Cracker	Stretford	NW192010	3