

# Individual Best Times (All Time)

Reggie Britcher - (1397021) - Thetford Dolphins SC

Long Course

| Stroke                | LC Time | Converted to SC | LC WA Pts | Date     | Meet                                       | Venue          | Licence  | Level |
|-----------------------|---------|-----------------|-----------|----------|--------------------------------------------|----------------|----------|-------|
| 50 Freestyle          | 28.69   | 28.00           | 387       | 03/02/24 | SE Norfolk County Championships 2024       | Norwich        | ER240128 | 1     |
| 100 Freestyle         | 1:01.17 | 59.80           | 449       | 04/02/24 | SE Norfolk County Championships 2024       | Norwich        | ER240128 | 1     |
| 200 Freestyle         | 2:23.16 | 2:20.70         | 361       | 27/01/24 | SE Norfolk County Championships 2024       | Norwich        | ER240127 | 1     |
| 400 Freestyle         | 5:32.17 | 5:27.90         | 290       | 04/02/23 | Norfolk County Championships 2023          | Norwich        | ER230195 | 1     |
| 50 Breaststroke       | 37.21   | 36.40           | 339       | 03/02/24 | SE Norfolk County Championships 2024       | Norwich        | ER240128 | 1     |
| 100 Breaststroke      | 1:25.40 | 1:23.90         | 295       | 27/01/24 | SE Norfolk County Championships 2024       | Norwich        | ER240127 | 1     |
| 200 Breaststroke      | 3:08.78 | 3:06.00         | 293       | 03/02/24 | SE Norfolk County Championships 2024       | Norwich        | ER240128 | 1     |
| 50 Butterfly          | 31.60   | 31.00           | 350       | 27/01/24 | SE Norfolk County Championships 2024       | Norwich        | ER240127 | 1     |
| 100 Butterfly         | 1:10.17 | 1:09.10         | 349       | 28/01/24 | SE Norfolk County Championships 2024       | Norwich        | ER240127 | 1     |
| 50 Backstroke         | 44.41   | 44.00           | 149       | 27/02/22 | Norfolk County Championships               | UEA Sportspark | ER220116 | 1     |
| 100 Backstroke        | 1:43.93 | 1:43.20         | 122       | 07/03/20 | City of Norwich 2020 March L3 LC Open Meet | Norwich        | ER200198 | 3     |
| 200 Individual Medley | 2:45.12 | 2:42.70         | 329       | 03/02/24 | SE Norfolk County Championships 2024       | Norwich        | ER240128 | 1     |

Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet                                           | Venue       | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|------------------------------------------------|-------------|----------|-------|
| 50 Freestyle          | 28.25   | 29.00           | 363       | 17/03/24 | West Norfolk Open Meet 2024                    | King's Lynn | ER240029 | 3     |
| 100 Freestyle         | 1:00.63 | 1:02.00         | 404       | 16/03/24 | West Norfolk Open Meet 2024                    | King's Lynn | ER240029 | 3     |
| 200 Freestyle         | 2:19.64 | 2:22.10         | 360       | 03/12/23 | Great Yarmouth SC Winter Wipeout Meet 2023     | Norwich     | ER231744 | 3     |
| 400 Freestyle         | 5:46.54 | 5:50.60         | 229       | 06/10/22 | Thetford Dolphins Club Championships 2022      | Thetford    | ER221853 | 4     |
| 50 Breaststroke       | 37.39   | 38.20           | 297       | 16/03/24 | West Norfolk Open Meet 2024                    | King's Lynn | ER240029 | 3     |
| 100 Breaststroke      | 1:22.64 | 1:24.20         | 299       | 12/10/23 | Thetford Dolphins SC Club Championships 2023   | Thetford    | ER231224 | 4     |
| 200 Breaststroke      | 3:04.97 | 3:07.80         | 274       | 09/10/23 | Thetford Dolphins SC Club Championships 2023   | Thetford    | ER231224 | 4     |
| 50 Butterfly          | 31.83   | 32.40           | 319       | 17/03/24 | West Norfolk Open Meet 2024                    | King's Lynn | ER240029 | 3     |
| 100 Butterfly         | 1:09.78 | 1:10.90         | 321       | 16/03/24 | West Norfolk Open Meet 2024                    | King's Lynn | ER240029 | 3     |
| 200 Butterfly         | 2:43.87 | 2:45.80         | 277       | 25/02/24 | SE Norfolk Warwick Thompson Memorial Gala 2024 | Thetford    | ER240454 | 3     |
| 50 Backstroke         | 34.14   | 34.70           | 271       | 15/10/23 | Thetford Dolphins SC Club Championships 2023   | Thetford    | ER231224 | 4     |
| 100 Backstroke        | 1:15.26 | 1:16.30         | 264       | 09/10/23 | Thetford Dolphins SC Club Championships 2023   | Thetford    | ER231224 | 4     |
| 200 Backstroke        | 2:44.00 | 2:46.00         | 267       | 12/10/23 | Thetford Dolphins SC Club Championships 2023   | Thetford    | ER231224 | 4     |
| 200 Individual Medley | 2:36.75 | 2:39.20         | 342       | 17/03/24 | West Norfolk Open Meet 2024                    | King's Lynn | ER240029 | 3     |
| 100 Individual Medley | 1:11.06 | 1:11.10         | 333       | 14/10/23 | Thetford Dolphins SC Club Championships 2023   | Thetford    | ER231224 | 4     |