

Individual Best Times (All Time)

Sonia Bersan - (1398506) - Newmarket & Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.35	36.80	252	14/09/19	The Robin Hood Open Meet 2019	Sheffield	EM191754	3
100 Freestyle	1:22.11	1:21.10	249	14/09/19	The Robin Hood Open Meet 2019	Sheffield	EM191754	3
400 Freestyle	6:17.44	6:13.70	242	15/09/19	The Robin Hood Open Meet 2019	Sheffield	EM191754	3
100 Breaststroke	1:49.01	1:47.80	203	15/09/19	The Robin Hood Open Meet 2019	Sheffield	EM191754	3
200 Breaststroke	3:49.86	3:47.50	214	14/09/19	The Robin Hood Open Meet 2019	Sheffield	EM191754	3
50 Backstroke	43.84	43.40	229	15/09/19	The Robin Hood Open Meet 2019	Sheffield	EM191754	3
200 Individual Medley	3:27.90	3:26.00	223	14/09/19	The Robin Hood Open Meet 2019	Sheffield	EM191754	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.12	34.70	303	02/07/21	Newmarket and District	Newmarket	LEX3122	0
100 Freestyle	1:16.53	1:17.60	283	08/12/19	Newmarket December Open	Newmarket	ER192844	3
200 Freestyle	2:44.72	2:46.80	300	24/11/19	BBSC & DASC Christmas Cracker 2019	Braintree	ER192686	3
400 Freestyle	5:46.38	5:50.40	297	24/11/19	BBSC & DASC Christmas Cracker 2019	Braintree	ER192686	3
800 Freestyle	12:57.07	13:04.50	231	22/09/19	Newmarket Endurance Club Champs	Newmarket	ER193015	4
50 Breaststroke	45.11	45.80	248	24/11/19	BBSC & DASC Christmas Cracker 2019	Braintree	ER192686	3
100 Breaststroke	1:39.52	1:40.80	246	23/11/19	BBSC & DASC Christmas Cracker 2019	Braintree	ER192686	3
200 Breaststroke	3:30.77	3:33.30	260	07/12/19	Newmarket December Open	Newmarket	ER192844	3
50 Butterfly	46.20	46.60	146	05/10/19	The Neate Meet 2019	Bury St Edmunds	ER191833	3
50 Backstroke	40.30	40.80	245	08/12/19	Newmarket December Open	Newmarket	ER192844	3
100 Backstroke	1:33.69	1:34.50	201	04/06/19	Newmarket & District Sprint Club Championships	Newmarket LC	ER191841	4
200 Individual Medley	3:06.96	3:09.10	276	07/12/19	Newmarket December Open	Newmarket	ER192844	3
100 Individual Medley	1:27.54	1:27.50	269	08/12/19	Newmarket December Open	Newmarket	ER192844	3