

Individual Best Times (All Time)

Aron Bowen - (1411238) - Carmarthen

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	45.08	45.50	89	14/07/18	Carmarthen Club Championships	Carmarthen	WL181059	3
100 Freestyle	1:57.31	1:58.00	55	14/07/18	Carmarthen Club Championships	Carmarthen	WL181059	3
50 Breaststroke	1:06.07	1:06.50	53	14/07/18	Carmarthen Club Championships	Carmarthen	WL181059	3
100 Breaststroke	2:33.02	2:33.80	47	14/07/18	Carmarthen Club Championships	Carmarthen	WL181059	3
50 Backstroke	1:03.02	1:03.30	43	14/07/18	Carmarthen Club Championships	Carmarthen	WL181059	3