

Individual Best Times (All Time)

Troy Atherton - (1423702) - Workington SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	56.65	57.00	45	15/12/18	Workington & Cockermouth Allerdale Club Champs	Workington	NW182537	3
100 Freestyle	2:10.61	2:11.30	40	15/12/18	Workington & Cockermouth Allerdale Club Champs	Workington	NW182537	3
50 Backstroke	57.57	57.90	56	15/12/18	Workington & Cockermouth Allerdale Club Champs	Workington	NW182537	3
200 Backstroke	4:38.68	4:39.90	54	15/12/18	Workington & Cockermouth Allerdale Club Champs	Workington	NW182537	3