

Individual Best Times (All Time)

Benoit Anthony - (1426207) - Bramcote Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.89	36.30	182	01/02/20	Nottinghamshire ASA County Championships 2020	Nottingham	EM200413	1
100 Freestyle	1:27.47	1:26.50	153	19/01/20	Nottinghamshire ASA County Championships 2020	Nottingham	EM200412	1
50 Breaststroke	48.74	48.10	150	02/02/20	Nottinghamshire ASA County Championships 2020	Nottingham	EM200413	1
50 Backstroke	41.44	41.00	183	19/01/20	Nottinghamshire ASA County Championships 2020	Nottingham	EM200412	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.68	37.20	166	22/09/19	Nova Centurion September Sprint Meet 2019	Nottingham	EM192289	3
100 Freestyle	1:24.04	1:25.00	151	04/01/20	Midlands Para-Swimming Winter Championships 2020	Loughborough	EM200410	3
200 Freestyle	3:28.32	3:30.00	108	04/01/20	Midlands Para-Swimming Winter Championships 2020	Loughborough	EM200410	3
50 Breaststroke	49.29	49.90	129	12/05/19	EM Inclusive Event Competitive Disability Swimmers	Braunstone	EM192029	3
100 Breaststroke	2:09.32	2:10.30	78	21/10/18	Nova Centurion October L2 SC Open Meet	Nottingham	EM180706	2
50 Backstroke	41.82	42.30	147	22/09/19	Nova Centurion September Sprint Meet 2019	Nottingham	EM192289	3
100 Individual Medley	1:37.46	1:37.50	129	12/05/19	EM Inclusive Event Competitive Disability Swimmers	Braunstone	EM192029	3