

Individual Best Times (All Time)

Martha Abel-Mackay - (1433950) - Star Diving Club Guildford

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	41.86	41.40	179	02/04/22	Bracknell & Wokingham SC Regional Qualifier Meet	Aldershot Garrison	SE220327	3
50 Breaststroke	51.70	51.10	179	02/04/22	Bracknell & Wokingham SC Regional Qualifier Meet	Aldershot Garrison	SE220327	3
100 Breaststroke	2:00.78	1:59.70	149	02/04/22	Bracknell & Wokingham SC Regional Qualifier Meet	Aldershot Garrison	SE220327	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.60	41.10	180	09/10/22	Woking SC Club Championships 2022	Woking	SE222065	4
100 Freestyle	1:35.01	1:35.90	147	06/11/22	Woking SC Club Championships 2022	Woking	SE222066	4
200 Freestyle	4:02.85	4:04.30	93	06/06/21	Woking	Pool in the Park	LEX1579	0
50 Breaststroke	47.46	48.10	213	21/05/23	Woking SC Octopus Meet 2023	Woking	SE230724	3
100 Breaststroke	1:50.70	1:51.80	178	06/11/22	Woking SC Club Championships 2022	Woking	SE222066	4
200 Breaststroke	3:43.70	3:46.10	217	04/07/23	Woking SC Club Champs 2023	Woking	SE231097	4
50 Butterfly	55.14	55.50	86	09/10/22	Woking SC Club Championships 2022	Woking	SE222065	4
50 Backstroke	50.65	51.00	123	09/10/22	Woking SC Club Championships 2022	Woking	SE222065	4
100 Backstroke	1:45.97	1:46.70	138	06/11/22	Woking SC Club Championships 2022	Woking	SE222066	4
100 Individual Medley	1:55.72	1:55.70	116	16/05/21	Woking	Pool in the Park	LEX1106	0