

# Individual Best Times (All Time)

Samuel Bird - (1435680) - Bishops Stortford SC

Long Course

| Stroke                | LC Time | Converted to SC | LC WA Pts | Date     | Meet                                          | Venue     | Licence  | Level |
|-----------------------|---------|-----------------|-----------|----------|-----------------------------------------------|-----------|----------|-------|
| 50 Freestyle          | 32.10   | 31.40           | 276       | 17/03/24 | Team Luton March Long Course Meet 2024        | Luton     | ER240270 | 1     |
| 50 Butterfly          | 37.84   | 37.30           | 203       | 15/07/23 | Team Luton Summer LC Meet 2023                | Luton     | ER230397 | 3     |
| 100 Backstroke        | 1:26.80 | 1:25.90         | 210       | 08/07/23 | NUEL SC Joy Atotileto Memorial Open Meet 2023 | Stratford | LR230876 | 3     |
| 200 Individual Medley | 3:06.97 | 3:04.80         | 226       | 15/07/23 | Team Luton Summer LC Meet 2023                | Luton     | ER230397 | 3     |

Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet                                          | Venue              | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|-----------------------------------------------|--------------------|----------|-------|
| 50 Freestyle          | 31.34   | 32.00           | 266       | 25/11/23 | Hatfield SC County Qualifier Nov 2023         | Hatfield           | ER231214 | 3     |
| 100 Freestyle         | 1:09.27 | 1:10.50         | 271       | 19/05/24 | Watford Swimming Club Development Meet 2024   | Watford            | ER240110 | 3     |
| 200 Freestyle         | 2:29.62 | 2:31.90         | 292       | 27/01/24 | SE Hertfordshire County Championships 2024    | Borehamwood        | ER240101 | 2     |
| 50 Breaststroke       | 48.04   | 48.70           | 140       | 16/04/23 | Halstead SC Annual Open Meet 2023             | Braintree          | ER230217 | 3     |
| 100 Breaststroke      | 1:42.71 | 1:43.90         | 155       | 16/04/23 | Halstead SC Annual Open Meet 2023             | Braintree          | ER230217 | 3     |
| 50 Butterfly          | 36.58   | 37.10           | 210       | 19/05/24 | Watford Swimming Club Development Meet 2024   | Watford            | ER240110 | 3     |
| 100 Butterfly         | 1:27.18 | 1:28.00         | 164       | 14/10/23 | National Arena Swimming League - London 2023  | Southbury          | ER231470 | 3     |
| 50 Backstroke         | 37.32   | 37.90           | 207       | 25/05/21 | Bishop's Stortford                            | Bishop Stortford   | LEX1290  | 0     |
| 100 Backstroke        | 1:20.35 | 1:21.30         | 217       | 20/01/24 | SE Hertfordshire County Championships 2024    | Borehamwood        | ER240100 | 2     |
| 200 Backstroke        | 3:16.62 | 3:18.30         | 155       | 25/09/22 | Bishop's Stortford SC Club Championships 2022 | Bishop's Stortford | ER221641 | 4     |
| 200 Individual Medley | 3:08.73 | 3:10.80         | 196       | 11/03/23 | City of St Albans Spring Meet 2023            | St Albans          | ER230008 | 3     |
| 100 Individual Medley | 1:25.01 | 1:25.00         | 194       | 29/09/23 | Bishop's Stortford SC Club Champs 2023        | Bishop's Stortford | ER231930 | 4     |