

Individual Best Times (All Time)

Harry Aston - (1444266) - Repton Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.40	28.70	359	05/02/23	Derbyshire ASA County Championships 2023	Derby	EM230181	1
100 Freestyle	1:03.91	1:02.60	394	15/01/23	City of Derby SC 19th LC Open Meet 2023	Sheffield	EM230061	1
200 Freestyle	2:21.35	2:18.90	375	12/02/23	Derbyshire ASA County Championships 2023	Derby	EM230182	1
800 Freestyle	10:18.53	10:09.10	390	11/02/23	Derbyshire ASA County Championships 2023	Derby	EM230182	1
50 Breaststroke	37.18	36.30	340	22/07/23	SE East Midlands Summer Festival of Swimming 2023	Moorways SV	EM231444	3
100 Breaststroke	1:25.31	1:23.80	296	22/07/23	SE East Midlands Summer Festival of Swimming 2023	Moorways SV	EM231444	3
200 Breaststroke	3:01.58	2:58.60	330	05/02/23	Derbyshire ASA County Championships 2023	Derby	EM230181	1
50 Butterfly	34.27	33.70	274	09/03/24	Sandwell Aquatics Club Spring LC Open Meet 2024	Smethwick	WM240271	3
50 Backstroke	35.93	35.40	281	11/12/22	Derbyshire ASA LC Competition 2022 Level 3	Sheffield	EM222034	3
100 Backstroke	1:20.48	1:19.50	263	23/07/22	East Midlands Summer Festival	Derby	EM221414	3
200 Individual Medley	2:43.53	2:41.10	338	04/02/23	Derbyshire ASA County Championships 2023	Derby	EM230181	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.18	28.90	366	24/03/24	Repton Easter Meet 2024	Repton	EM240130	3
100 Freestyle	1:02.79	1:04.10	364	15/04/23	Chesterfield SC Spring Open Meet 2023	Matlock	EM230592	3
200 Freestyle	2:19.35	2:21.80	362	30/09/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
400 Freestyle	4:52.77	4:57.50	381	19/11/22	Buxton 1st Autumn Open Meet	Matlock	EM221761	3
800 Freestyle	10:14.56	10:23.90	375	22/10/22	City of Leicester Sprint & Distance Meet 2022	Braunstone	EM221731	3
50 Breaststroke	37.00	37.80	306	19/11/22	Buxton 1st Autumn Open Meet	Matlock	EM221761	3
100 Breaststroke	1:22.31	1:23.80	302	30/10/22	The Ghoul in the Pool 2022	Matlock	EM221739	3
200 Breaststroke	2:59.78	3:02.70	298	26/03/23	City of Derby 39th Open Meet 2023	Matlock	EM230267	3
50 Butterfly	34.56	35.10	249	23/04/23	Etwall Eagles Early Spring SC Sprints 2023	Matlock	EM230591	3
50 Backstroke	36.85	37.40	215	01/10/22	Etwall Eagles Club Championships 2022	Alfreton	EM221682	4
100 Backstroke	1:16.86	1:17.90	248	30/10/22	The Ghoul in the Pool 2022	Matlock	EM221739	3
200 Backstroke	2:45.41	2:47.40	260	01/10/22	Etwall Eagles Club Championships 2022	Alfreton	EM221682	4
200 Individual Medley	2:42.58	2:45.00	306	19/11/22	Buxton 1st Autumn Open Meet	Matlock	EM221761	3
400 Individual Medley	5:44.72	5:49.80	316	20/11/22	Buxton 1st Autumn Open Meet	Matlock	EM221761	3
100 Individual Medley	1:13.42	1:13.40	302	26/03/23	City of Derby 39th Open Meet 2023	Matlock	EM230267	3