

Individual Best Times (All Time)

Emily Barfield - (1452237) - Winchester City Penguins

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.35	35.00	297	18/06/23	Havant & Waterlooville Swim Out of Your Skin Meet	Waterlooville	SE230850	3
100 Freestyle	1:17.83	1:18.90	269	18/06/23	Havant & Waterlooville Swim Out of Your Skin Meet	Waterlooville	SE230850	3
200 Freestyle	2:55.14	2:57.10	249	17/09/23	Winchester City Penguins Club Champs 2023	Winchester	SE231722	4
50 Breaststroke	47.31	48.00	215	16/09/23	Winchester City Penguins Club Champs 2023	Winchester	SE231722	4
100 Breaststroke	1:44.29	1:45.50	213	17/09/23	Winchester City Penguins Club Champs 2023	Winchester	SE231722	4
200 Breaststroke	5:12.00	5:13.70	80	23/03/19	Winchester City Penguins Grand Prix 2019	St Swithuns	SE190311	4
50 Backstroke	41.14	41.60	231	19/02/23	Winchester City Penguins SC Grand Prix Feb 2023	Winchester	SE230172	4
100 Backstroke	1:36.25	1:37.10	185	18/09/22	Winchester City Penguins SC Club Champs 2022	Winchester	SE222060	4
200 Backstroke	3:18.71	3:20.40	214	07/05/23	Winchester City Penguins SC Grand Prix May 2023	Winchester	SE230174	4
100 Individual Medley	1:29.38	1:29.40	252	16/04/23	Winchester City Penguins SC Grand Prix April 2023	Winchester	SE230173	4