

Individual Best Times (All Time)

Seth Hems Gillson - (1473862) - Repton Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.55	25.80	488	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Freestyle	58.05	56.60	526	04/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
200 Freestyle	2:08.72	2:06.00	497	21/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
400 Freestyle	4:42.80	4:37.80	471	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	NE240033	1
800 Freestyle	9:56.46	9:46.70	435	18/12/22	Northampton SC Winter Festival 2022	Corby	EM221730	1
1500 Freestyle	18:36.16	18:17.50	475	08/04/23	City of Norwich Easter Meet 2023	Norwich	ER230119	1
50 Breaststroke	35.93	35.00	376	09/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	NE240033	1
100 Breaststroke	1:18.32	1:16.70	383	16/02/24	Dubai Open Swimming Championships 2024	Hamdan, Dubai	GBR2265	1
200 Breaststroke	2:46.72	2:43.50	426	20/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
50 Butterfly	30.23	29.60	399	11/02/23	Derbyshire ASA County Championships 2023	Derby	EM230182	1
100 Butterfly	1:28.98	1:28.10	171	05/06/22	Nova Centurion SC June Sprint Meet	Nottingham	EM220529	3
50 Backstroke	31.32	30.70	425	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Backstroke	1:08.01	1:06.80	436	21/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
200 Backstroke	2:32.51	2:30.30	395	11/06/23	City of Bradford SC Summer Long Course Meet 2023	Leeds	NE230910	3
200 Individual Medley	2:29.74	2:27.10	441	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
400 Individual Medley	5:35.86	5:30.60	376	12/02/23	Derbyshire ASA County Championships 2023	Derby	EM230182	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.86	27.60	422	21/10/23	City of Birmingham Winter Open Meet 2023	Birmingham	WM230773	2
100 Freestyle	58.50	59.90	450	11/11/23	National Arena Swim League WM Premier Div Rd 2	Pingles	WM231841	4
200 Freestyle	2:12.72	2:15.30	419	30/09/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
400 Freestyle	4:46.89	4:51.70	404	21/10/23	City of Birmingham Winter Open Meet 2023	Birmingham	WM230773	2
800 Freestyle	9:24.94	9:35.10	483	22/10/22	City of Leicester Sprint & Distance Meet 2022	Braunstone	EM221731	3
1500 Freestyle	17:51.63	18:10.70	493	05/11/22	SE East Midlands Regional SC Championships 2022	Nottingham	EM222140	2
50 Breaststroke	35.32	36.20	352	16/09/23	Northampton SC & Co Leicester Sprint Meet 2023	Braunstone	EM231751	4
100 Breaststroke	1:14.94	1:16.60	401	11/11/23	National Arena Swim League WM Premier Div Rd 2	Pingles	WM231841	4
200 Breaststroke	2:47.57	2:50.70	368	07/01/23	Ripley Rascals SC 50th Anniversary Open Meet 2023	Matlock	EM230016	3
50 Butterfly	29.99	30.60	381	05/01/24	Repton New Year Meet 2024	Repton	EM240129	3
100 Butterfly	1:13.01	1:14.00	280	05/01/24	Repton New Year Meet 2024	Repton	EM240129	3
50 Backstroke	32.09	32.70	327	16/09/23	Northampton SC & Co Leicester Sprint Meet 2023	Braunstone	EM231751	4
100 Backstroke	1:08.15	1:09.30	356	08/10/23	Swim England National County Team Champs 2023	Sheffield	ASA157	2
200 Backstroke	2:28.13	2:30.40	362	30/09/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
200 Individual Medley	2:30.79	2:33.40	384	08/01/23	Ripley Rascals SC 50th Anniversary Open Meet 2023	Matlock	EM230016	3
400 Individual Medley	5:26.35	5:31.70	372	27/11/22	Wolverhampton SC Winter Open Meet	Wolverhampton	WM221651	3
100 Individual Medley	1:06.59	1:06.60	405	01/10/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2