

Individual Best Times (All Time)

Alice Grant - (1479634) - Deepings SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
100 Freestyle	1:29.47	1:30.40	177	03/07/21	Deepings	Deepings	LEX2915	0
200 Freestyle	3:11.68	3:13.50	190	07/10/23	Deepings SC Rob Welbourn Open Meet 2023	Grantham	EM230682	3
50 Breaststroke	50.51	51.10	177	03/07/21	Deepings	Deepings	LEX2915	0
100 Breaststroke	1:46.33	1:47.50	201	07/10/23	Deepings SC Rob Welbourn Open Meet 2023	Grantham	EM230682	3
200 Breaststroke	3:50.19	3:52.50	199	13/11/21	Grantham & Deepings Joint Winter Championships 21	Grantham	EM211388	3
200 Butterfly	3:48.92	3:50.30	142	15/07/23	Co Lincoln Pentaqua & Deepings Joint Club Champs	Grantham	EM231152	3
200 Individual Medley	3:35.62	3:37.40	180	03/07/21	Deepings	Deepings	LEX2915	0
100 Individual Medley	1:38.49	1:38.50	188	01/07/23	Co Lincoln Pentaqua & Deepings Joint Club Champs	Grantham	EM231151	3