

Individual Best Times (All Time)

Jessica Atkinson - (1479899) - Kendal SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.16	36.60	256	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Breaststroke	50.60	50.00	191	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Butterfly	45.06	44.60	159	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Backstroke	43.03	42.60	243	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.35	35.00	297	03/02/24	Cumbria County Championships & Age Groups 2024	Workington	NW240299	2
100 Freestyle	1:22.04	1:23.10	229	25/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	NW230810	3
200 Freestyle	2:45.84	2:47.90	294	11/05/24	Kendal ASC Club Championship Gala 2 2024	Kendal	NW241220	4
400 Freestyle	6:33.99	6:37.60	202	19/10/23	Kendal ASC Long Distant Gala 3 2023	Kendal	NW232415	4
50 Breaststroke	48.55	49.20	199	09/03/24	Copeland 29th Bill and Monica Griffin Gala 2024	Whitehaven	NW240658	3
100 Breaststroke	1:42.05	1:43.30	228	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
200 Breaststroke	3:38.97	3:41.40	232	15/10/23	Kendal ASC Club Championships Gala 4 2023	Kendal	NW232414	4
50 Butterfly	41.36	41.80	204	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
100 Butterfly	1:36.07	1:36.90	178	27/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
50 Backstroke	40.76	41.30	237	27/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
100 Backstroke	1:26.00	1:26.90	260	27/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
200 Backstroke	3:03.73	3:05.50	271	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
200 Individual Medley	3:11.48	3:13.50	257	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
100 Individual Medley	1:27.92	1:27.90	265	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3