

Individual Best Times (All Time)

Lucas An - (1485592) - Plymouth Leander SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.04	29.30	337	11/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
100 Freestyle	1:07.22	1:06.00	338	08/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
200 Freestyle	2:34.03	2:31.80	290	08/07/23	Plymouth Leander Summer L3 Long Course Open 2023	Plymouth	SW231265	3
400 Freestyle	5:49.63	5:45.60	249	02/04/22	Plymouth Leander Last Chance Regional Qualifier 22	Plymouth	SW220511	3
50 Breaststroke	36.17	35.30	369	10/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
100 Breaststroke	1:22.81	1:21.30	324	02/03/24	The National Arena Swim League B Final & Cup Final	Cardiff	WL240497	1
200 Breaststroke	3:02.37	2:59.40	325	16/01/24	Devon County Age Group Championships 2024	Plymouth	SW240141	1
50 Butterfly	34.89	34.30	260	14/01/24	Devon County Age Group Championships 2024	Plymouth	SW240140	1
200 Butterfly	3:20.97	3:19.40	165	16/01/23	Devon County Championships 2023	Plymouth	SW230242	1
50 Backstroke	38.19	37.70	234	17/01/24	Devon County Age Group Championships 2024	Plymouth	SW240142	1
100 Backstroke	1:22.85	1:21.90	241	08/07/23	Plymouth Leander Summer L3 Long Course Open 2023	Plymouth	SW231265	3
200 Backstroke	3:16.29	3:14.60	185	03/04/22	Plymouth Leander Last Chance Regional Qualifier 22	Plymouth	SW220511	3
200 Individual Medley	2:47.25	2:44.90	316	18/01/24	Devon County Age Group Championships 2024	Plymouth	SW240142	1
400 Individual Medley	5:58.12	5:53.20	310	10/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.41	30.10	322	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Freestyle	1:04.45	1:05.70	336	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Freestyle	2:23.98	2:26.40	328	19/11/23	Dawlish Firecracker 2023	Plymouth	SW231524	3
400 Freestyle	5:12.06	5:16.50	314	30/09/23	City of Plymouth Annual Swim Meet 2023	Plymouth	SW231295	3
800 Freestyle	10:45.41	10:54.30	324	12/11/23	North Cornwall Dragons & Newquay Open Meet 2023	Bodmin	SW231813	3
50 Breaststroke	36.67	37.50	314	12/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232227	3
100 Breaststroke	1:19.08	1:20.70	341	14/10/23	National Arena Swimming League Western 2023 Gala 1	Millfield	SW232336	4
200 Breaststroke	2:55.47	2:58.50	321	12/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232227	3
50 Butterfly	35.10	35.60	237	20/11/23	Dawlish Firecracker 2023	Plymouth	SW231525	3
100 Butterfly	1:17.98	1:18.90	230	19/11/23	Dawlish Firecracker 2023	Plymouth	SW231524	3
200 Butterfly	3:01.43	3:03.20	204	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
50 Backstroke	37.35	37.90	207	20/11/23	Dawlish Firecracker 2023	Plymouth	SW231525	3
100 Backstroke	1:21.44	1:22.40	208	01/04/23	Plymouth Leander Last Chance Regional Qualifier 23	Plymouth	SW230597	3
200 Backstroke	2:54.52	2:56.40	221	13/11/22	Plymouth Leander L4 Club Championships Nov 2022	Plymouth	SW222294	4
200 Individual Medley	2:43.68	2:46.10	300	12/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232227	3
400 Individual Medley	5:44.18	5:49.30	317	04/12/22	Plymouth Leander Xmas SC Level 3 Meet 2022	Plymouth	SW222145	3
100 Individual Medley	1:15.82	1:15.80	274	13/01/24	Devon County ASA Interclub 2024	Plymouth	SW240143	2