

Individual Best Times (All Time)

Alicia Atkins - (1491359) - Leicester Penguins SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.53	35.10	292	11/12/23	Leicester Penguins SC Time Trials Dec 2023	Syston	EM232367	4
100 Freestyle	1:16.01	1:17.10	288	28/10/23	36th Leicester Penguins Open Meet 2023	Leicester	EM230851	3
200 Freestyle	3:00.54	3:02.50	228	18/06/23	Leicester Penguins SC Club Champs June 23	Syston	EM230950	4
400 Freestyle	6:20.41	6:24.10	224	13/06/23	Leicester Penguins SC Club Champs June 23	Syston	EM230949	4
50 Breaststroke	48.44	49.10	200	18/06/23	Leicester Penguins SC Club Champs June 23	Syston	EM230950	4
100 Breaststroke	1:52.26	1:53.40	171	05/12/22	Leicester Penguins SC Time Trials Dec 2022	Syston	EM222393	4
50 Butterfly	38.09	38.60	262	14/12/23	Leicester Penguins SC Time Trials Dec 2023	Syston	EM232368	4
50 Backstroke	40.56	41.10	241	01/04/23	City of Leicester Age Group Meet 2023	Leicester	EM230357	3
100 Backstroke	1:24.01	1:25.00	278	11/12/23	Leicester Penguins SC Time Trials Dec 2023	Syston	EM232367	4
200 Backstroke	3:02.21	3:04.00	278	01/04/23	City of Leicester Age Group Meet 2023	Leicester	EM230357	3
100 Individual Medley	1:31.22	1:31.20	237	13/06/23	Leicester Penguins SC Club Champs June 23	Syston	EM230949	4