

Individual Best Times (All Time)

Merryn Avery - (1491404) - Linslade Crusaders Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.92	35.30	283	27/08/23	Sprint With The Stars 2023	London	LR231459	3
200 Freestyle	2:50.99	2:48.90	287	03/02/24	Bedfordshire County Championships 2024	Luton	ER240171	1
50 Breaststroke	57.94	57.40	127	17/07/22	Team Luton Summer Long Course Meet 2022	Luton	ER220185	3
50 Backstroke	46.54	46.10	192	27/08/23	Sprint With The Stars 2023	London	LR231459	3
100 Backstroke	1:48.54	1:47.80	147	17/07/22	Team Luton Summer Long Course Meet 2022	Luton	ER220185	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.72	34.30	314	11/05/24	Leighton Buzzard Springboard Open Meet 2024	Bletchley	ER240693	3
100 Freestyle	1:17.24	1:18.30	275	11/05/24	Leighton Buzzard Springboard Open Meet 2024	Bletchley	ER240693	3
200 Freestyle	2:52.48	2:54.50	261	19/09/23	Linslade Crusaders SC Club Championships 2023	Tiddenfoot LC	ER231790	4
400 Freestyle	6:39.45	6:43.00	194	21/09/22	Linslade Crusaders SC Club Championships	Tiddenfoot	ER221440	4
800 Freestyle	13:09.47	13:16.80	221	21/09/23	Linslade Crusaders SC Club Championships 2023	Tiddenfoot LC	ER231792	4
50 Breaststroke	46.28	47.00	230	02/03/24	Linslade Crusaders Splash Gala 2024	Leighton Buzzard	ER240292	4
100 Breaststroke	1:44.86	1:46.10	210	24/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
200 Breaststroke	3:58.75	4:01.00	179	23/09/23	Linslade Crusaders SC Club Championships 2023	Tiddenfoot LC	ER231789	4
50 Butterfly	41.92	42.40	196	11/05/24	Leighton Buzzard Springboard Open Meet 2024	Bletchley	ER240693	3
100 Butterfly	1:40.73	1:41.50	154	24/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
50 Backstroke	39.79	40.30	255	11/05/24	Leighton Buzzard Springboard Open Meet 2024	Bletchley	ER240693	3
100 Backstroke	1:26.70	1:27.60	253	11/05/24	Leighton Buzzard Springboard Open Meet 2024	Bletchley	ER240693	3
200 Backstroke	3:12.89	3:14.60	234	10/12/23	Team Luton 2023 Winter Development Meet	Luton	ER232205	3
200 Individual Medley	3:17.44	3:19.40	235	03/12/23	Biggleswade SC 6th Christmas Cracker 2023	Biggleswade	ER232036	3
100 Individual Medley	1:29.21	1:29.20	254	24/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3