

Individual Best Times (All Time)

Lilly-Mai Arbon - (1491677) - Kimberley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Backstroke	3:41.29	3:39.80	172	04/02/23	Nottinghamshire ASA County Championships 2023	Nottingham	EM230410	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	41.53	42.00	168	01/10/23	Kimberley S.C Club Championships 2023	Hucknall	EM231100	4
100 Freestyle	1:35.59	1:36.50	145	05/03/23	The Dean Anscombe Open Meet 2023	Alfreton	EM230449	3
200 Freestyle	3:27.58	3:29.30	150	03/12/22	Nottinghamshire ASA Festive Frenzy 2022	Nottingham	EM222120	3
50 Breaststroke	53.88	54.50	145	28/04/24	Kimberley Novice and Time Trials 2024	Hucknall	EM240665	4
100 Breaststroke	1:59.25	2:00.30	143	28/04/24	Kimberley Novice and Time Trials 2024	Hucknall	EM240665	4
200 Breaststroke	4:49.07	4:50.90	100	12/10/22	Radford SC Club Championships 2022	Radford	EM222131	4
50 Butterfly	46.87	47.30	140	28/04/24	Kimberley Novice and Time Trials 2024	Hucknall	EM240665	4
100 Butterfly	2:06.73	2:07.30	77	16/07/23	Nottinghamshire A.S.A. Summer Gala 2023	Nottingham	EM231104	3
50 Backstroke	47.35	47.80	151	28/04/24	Kimberley Novice and Time Trials 2024	Hucknall	EM240665	4
100 Backstroke	1:41.13	1:41.90	159	01/10/23	Kimberley S.C Club Championships 2023	Hucknall	EM231100	4
200 Backstroke	3:37.62	3:39.20	163	08/10/23	Kimberley S.C Club Championships 2023	Hucknall	EM231101	4
200 Individual Medley	3:47.14	3:48.90	154	08/10/23	Kimberley S.C Club Championships 2023	Hucknall	EM231101	4
100 Individual Medley	1:40.90	1:40.90	175	03/03/24	Radford SC Dean Anscombe Open Meet	Derby	EM240487	3