

Individual Best Times (All Time)

Taha Ahmed - (1524646) - Lincoln Trident Swimming Academy

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	40.26	39.70	140	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3
100 Freestyle	1:26.84	1:25.90	157	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3
200 Freestyle	3:17.54	3:15.80	137	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3
50 Breaststroke	56.42	55.90	97	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3
100 Breaststroke	2:00.77	1:59.70	104	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3
50 Butterfly	54.32	54.00	68	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3
50 Backstroke	55.55	55.20	76	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3
100 Backstroke	2:00.52	1:59.80	78	04/03/23	The Dukeries A/B Graded Open Meet 2023	Sheffield	EM230319	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.39	37.00	170	07/10/23	Deepings SC Rob Welbourn Open Meet 2023	Grantham	EM230682	3
100 Freestyle	1:22.14	1:23.20	162	10/06/23	Buxton 1st Summer Open Meet 2023	Matlock	EM230266	3
200 Freestyle	2:58.11	3:00.10	173	08/10/23	Deepings SC Rob Welbourn Open Meet 2023	Grantham	EM230682	3
400 Freestyle	6:27.76	6:31.40	164	03/12/23	Grantham SC Christmas Snowstorm 2023	Grantham	EM232055	3
800 Freestyle	14:14.67	14:21.40	139	20/05/23	Eckington SC Open 2023	Eckington	EM230552	3
50 Breaststroke	54.25	54.80	97	08/10/23	Deepings SC Rob Welbourn Open Meet 2023	Grantham	EM230682	3
100 Breaststroke	1:56.59	1:57.70	106	11/06/23	Buxton 1st Summer Open Meet 2023	Matlock	EM230266	3
200 Breaststroke	4:16.69	4:18.70	102	02/12/23	Grantham SC Christmas Snowstorm 2023	Grantham	EM232055	3
50 Butterfly	49.97	50.40	82	12/11/23	Scunthorpe Anchor ASC Remembrance Meet 2023	Scunthorpe	NE231712	3
50 Backstroke	49.47	49.90	89	08/10/23	Deepings SC Rob Welbourn Open Meet 2023	Grantham	EM230682	3
100 Backstroke	1:43.34	1:44.10	102	03/12/23	Grantham SC Christmas Snowstorm 2023	Grantham	EM232055	3
200 Backstroke	3:37.50	3:39.00	114	07/10/23	Deepings SC Rob Welbourn Open Meet 2023	Grantham	EM230682	3
100 Individual Medley	1:39.36	1:39.40	122	12/11/23	Scunthorpe Anchor ASC Remembrance Meet 2023	Scunthorpe	NE231712	3