

Individual Best Times (All Time)

Stanley Appleton-Smith - (1528610) - Andover Swimming & WP Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.15	37.60	164	21/05/23	Winchester Mad May Sprints 2023	Winchester	SE230653	3
50 Breaststroke	54.47	53.90	108	21/05/23	Winchester Mad May Sprints 2023	Winchester	SE230653	3
50 Backstroke	42.65	42.20	168	21/05/23	Winchester Mad May Sprints 2023	Winchester	SE230653	3
100 Backstroke	1:36.12	1:35.30	154	21/05/23	Winchester Mad May Sprints 2023	Winchester	SE230653	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.38	34.00	220	13/04/24	Rushmoor Royals Sprint Open Meet April 2024	Fleet	SE240422	3
100 Freestyle	1:14.53	1:15.60	217	16/03/24	Andover 100m Championships 2024	Andover	SE240681	4
50 Breaststroke	48.35	49.00	137	13/04/24	Rushmoor Royals Sprint Open Meet April 2024	Fleet	SE240422	3
100 Breaststroke	1:57.22	1:58.30	104	18/06/23	Hart SC Sprint Open Meet 2023	Hart LC	SE230899	3
50 Butterfly	40.86	41.30	150	13/04/24	Rushmoor Royals Sprint Open Meet April 2024	Fleet	SE240422	3
100 Butterfly	1:40.72	1:41.50	106	16/03/24	Andover 100m Championships 2024	Andover	SE240681	4
50 Backstroke	40.20	40.70	166	13/04/24	Rushmoor Royals Sprint Open Meet April 2024	Fleet	SE240422	3
100 Backstroke	1:33.41	1:34.30	138	18/06/23	Hart SC Sprint Open Meet 2023	Hart LC	SE230899	3
200 Backstroke	3:17.10	3:18.80	153	11/06/23	Andover 200m Club Championships 2023	Andover	SE231300	4
200 Individual Medley	3:28.06	3:30.00	146	11/06/23	Andover 200m Club Championships 2023	Andover	SE231300	4
100 Individual Medley	1:27.67	1:27.70	177	13/04/24	Rushmoor Royals Sprint Open Meet April 2024	Fleet	SE240422	3