

Individual Best Times (All Time)

Katie Biscoe - (1604141) - Team Luton Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.65	34.00	316	16/03/24	Team Luton March Long Course Meet 2024	Luton	ER240270	1
100 Freestyle	1:18.26	1:17.20	288	28/01/24	Bedfordshire County Championships 2024	Luton	ER240170	1
200 Freestyle	2:54.29	2:52.30	271	03/02/24	Bedfordshire County Championships 2024	Luton	ER240171	1
50 Breaststroke	45.24	44.50	267	17/03/24	Team Luton March Long Course Meet 2024	Luton	ER240270	1
100 Breaststroke	1:41.10	1:39.80	255	28/01/24	Bedfordshire County Championships 2024	Luton	ER240170	1
200 Breaststroke	3:47.63	3:45.30	220	17/03/24	Team Luton March Long Course Meet 2024	Luton	ER240270	1
50 Butterfly	41.58	41.10	202	03/02/24	Bedfordshire County Championships 2024	Luton	ER240171	1
100 Butterfly	1:55.04	1:54.40	112	16/07/23	Team Luton Summer LC Meet 2023	Luton	ER230397	3
50 Backstroke	40.95	40.50	282	16/03/24	Team Luton March Long Course Meet 2024	Luton	ER240270	1
100 Backstroke	1:28.96	1:28.00	267	17/03/24	Team Luton March Long Course Meet 2024	Luton	ER240270	1
200 Backstroke	3:14.66	3:12.90	253	04/02/24	Bedfordshire County Championships 2024	Luton	ER240171	1
200 Individual Medley	3:25.13	3:23.20	232	17/03/24	Team Luton March Long Course Meet 2024	Luton	ER240270	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.50	36.10	269	19/11/23	City of Milton Keynes Autumn Open Meet 2023	Milton Keynes	SE231585	3
100 Freestyle	1:18.79	1:19.80	259	22/10/23	Team Luton Autumn Short Course Meet 2023	Luton	ER231536	3
200 Freestyle	2:52.61	2:54.60	261	24/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
400 Freestyle	6:22.94	6:26.60	220	10/12/23	Team Luton 2023 Winter Development Meet	Luton	ER232205	3
50 Breaststroke	45.73	46.40	238	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
100 Breaststroke	1:41.47	1:42.70	232	24/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
200 Breaststroke	3:37.99	3:40.40	235	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
50 Butterfly	42.92	43.40	183	10/12/23	Team Luton 2023 Winter Development Meet	Luton	ER232205	3
100 Butterfly	1:42.73	1:43.50	145	18/11/23	City of Milton Keynes Autumn Open Meet 2023	Milton Keynes	SE231585	3
50 Backstroke	41.61	42.10	223	19/11/23	City of Milton Keynes Autumn Open Meet 2023	Milton Keynes	SE231585	3
100 Backstroke	1:31.18	1:32.10	218	24/06/23	Hoddesdon SC Summer Sprint 2023	Harlow	ER230720	3
200 Backstroke	3:13.96	3:15.70	230	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
200 Individual Medley	3:18.44	3:20.40	231	19/11/23	City of Milton Keynes Autumn Open Meet 2023	Milton Keynes	SE231585	3
100 Individual Medley	1:31.60	1:31.60	234	10/12/23	Team Luton 2023 Winter Development Meet	Luton	ER232205	3