

Individual Best Times (All Time)

Winnie Browne - (1608866) - North Norfolk Vikings SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.34	34.70	298	08/07/23	Co Norwich SC Midsummer Madness Open Meet 2023	Norwich	ER230398	3
100 Freestyle	1:21.04	1:20.00	259	09/07/23	Co Norwich SC Midsummer Madness Open Meet 2023	Norwich	ER230398	3
200 Freestyle	3:00.38	2:58.40	244	09/07/23	Co Norwich SC Midsummer Madness Open Meet 2023	Norwich	ER230398	3
400 Freestyle	6:32.25	6:28.60	216	08/07/23	Co Norwich SC Midsummer Madness Open Meet 2023	Norwich	ER230398	3
50 Breaststroke	56.46	55.90	137	10/07/22	City of Norwich SC Midsummer Madness 2022	Norwich	ER220343	3
50 Backstroke	44.29	43.80	223	09/07/22	City of Norwich SC Midsummer Madness 2022	Norwich	ER220343	3
100 Backstroke	1:40.80	1:40.00	183	09/07/22	City of Norwich SC Midsummer Madness 2022	Norwich	ER220343	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.97	35.60	281	18/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich	ER231215	3
100 Freestyle	1:21.23	1:22.30	236	01/10/23	Dereham and District ASC Icenis Open 2023	Dereham	ER230657	3
200 Freestyle	3:00.44	3:02.40	228	30/09/23	Dereham and District ASC Icenis Open 2023	Dereham	ER230657	3
50 Breaststroke	51.19	51.80	170	01/11/23	North Norfolk Vikings Club Championships 2023	Victory LC	ER231936	4
100 Breaststroke	1:50.96	1:52.10	177	01/11/23	North Norfolk Vikings Club Championships 2023	Victory LC	ER231936	4
200 Breaststroke	4:00.70	4:02.90	174	02/10/22	Dereham & District ASC Icenis Open	Dereham	ER221411	3
50 Backstroke	41.85	42.30	219	18/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich	ER231215	3
100 Backstroke	1:36.09	1:36.90	186	25/02/23	Norfolk ASA Warwick Thompson Memorial Gala 2023	Thetford	ER230408	3