

Individual Best Times (All Time)

Tabitha Bowen - (1615803) - Cinderford & District SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	54.72	55.10	73	12/11/22	Cinderford & District SC Low Level 4 Club Champs	Monmouth School	SW221890	4
100 Freestyle	2:11.00	2:11.60	56	13/11/22	Cinderford & District SC Low Level 4 Club Champs	Monmouth School	SW221891	4
50 Breaststroke	1:02.48	1:03.00	93	14/11/22	Cinderford & District SC Low Level 4 Club Champs	Monmouth School	SW221891	4
50 Backstroke	1:01.03	1:01.40	70	13/11/22	Cinderford & District SC Low Level 4 Club Champs	Monmouth School	SW221891	4