

Individual Best Times (All Time)

Ayla Ardalani - (1645857) - Barnet Copthall SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	41.95	42.40	163	11/06/23	Barnet Copthall SC Kate Lack Trophy Meet 2023	Copthall Pools	LR230897	3
200 Freestyle	4:07.78	4:09.20	88	12/06/22	Barnet Copthall SC Kate Lack Trophy Meet	Copthall	LR220807	3
50 Breaststroke	49.57	50.20	187	12/06/22	Barnet Copthall SC Kate Lack Trophy Meet	Copthall	LR220807	3
100 Breaststroke	1:49.14	1:50.30	186	03/07/22	Barnet Copthall SC Summer Invitational Meet	Copt Hall Pols	LR221199	4
50 Butterfly	46.62	47.00	143	13/11/22	Barnet Copthall SC County Qualifier Meet 1	Copthall Pools	LR221843	3
50 Backstroke	44.82	45.30	178	11/06/23	Barnet Copthall SC Kate Lack Trophy Meet 2023	Copthall Pools	LR230897	3
100 Backstroke	1:38.70	1:39.50	171	20/11/22	County Qualifier and Development Meet 2	Copthall	LR222011	3
100 Individual Medley	1:41.49	1:41.50	172	20/11/22	County Qualifier and Development Meet 2	Copthall	LR222011	3