

Individual Best Times (All Time)

Martha Ashton - (1654166) - City of Bradford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.60	34.00	317	23/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
100 Freestyle	1:29.97	1:29.00	189	11/06/23	City of Bradford SC Summer Long Course Meet 2023	Leeds	NE230910	3
200 Freestyle	2:51.73	2:49.70	283	23/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
50 Breaststroke	53.09	52.50	165	09/12/23	Bo Barnsley 27th Annual Christmas Sprints 2023	Sheffield	NE231977	3
100 Breaststroke	1:55.28	1:54.20	172	17/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
50 Butterfly	40.50	40.00	219	23/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
50 Backstroke	39.42	38.90	316	13/04/24	City of Leeds National Qualifier 2024	Leeds	NE240117	1
100 Backstroke	1:27.58	1:26.70	280	09/12/23	Bo Barnsley 27th Annual Christmas Sprints 2023	Sheffield	NE231977	3
200 Individual Medley	3:20.02	3:18.00	250	17/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.61	36.20	266	18/11/23	City of Bradford SC Winter Short Course Meet 2023	Leeds	NE230911	3
100 Freestyle	1:20.78	1:21.80	240	15/10/23	Yorkshire SA Winter Competitions 2023	Leeds	NE230685	2
200 Freestyle	2:52.18	2:54.20	262	18/11/23	City of Bradford SC Winter Short Course Meet 2023	Leeds	NE230911	3
50 Breaststroke	50.70	51.30	175	11/11/23	City of Leeds Autumn Development Meet 2023	Leeds	NE230784	4
100 Breaststroke	1:49.48	1:50.60	184	18/11/23	City of Bradford SC Winter Short Course Meet 2023	Leeds	NE230911	3
50 Butterfly	41.21	41.70	207	11/11/23	City of Leeds Autumn Development Meet 2023	Leeds	NE230784	4
50 Backstroke	38.95	39.50	272	26/11/23	Junior Inter-League Grand Final 2023	Corby	EM232565	4
100 Backstroke	1:28.40	1:29.30	239	15/10/23	Yorkshire SA Winter Competitions 2023	Leeds	NE230685	2
200 Backstroke	3:49.67	3:51.10	138	17/09/22	City of Leeds SC September Meet 2022	John Charles Aq Cen	NE220858	3
200 Individual Medley	3:18.62	3:20.60	230	18/11/23	City of Bradford SC Winter Short Course Meet 2023	Leeds	NE230911	3
100 Individual Medley	1:31.37	1:31.40	236	14/10/23	Yorkshire SA Winter Competitions 2023	Leeds	NE230685	2