

Individual Best Times (All Time)

Zachary Stephenson - (1662388) - Repton Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.83	28.10	381	16/02/24	Dubai Open Swimming Championships 2024	Hamdan, Dubai	GBR2265	1
100 Freestyle	1:02.21	1:00.90	427	16/02/24	Dubai Open Swimming Championships 2024	Hamdan, Dubai	GBR2265	1
200 Freestyle	2:25.44	2:23.00	344	10/03/23	H20 Long Course Spring Cup 2023	Qatar	GBR2125	1
400 Freestyle	5:03.26	4:58.60	382	01/01/22	New Member Long Course	Various	OVE444	1
50 Butterfly	29.82	29.20	416	16/02/24	Dubai Open Swimming Championships 2024	Hamdan, Dubai	GBR2265	1
100 Butterfly	1:09.36	1:08.30	362	16/02/24	Dubai Open Swimming Championships 2024	Hamdan, Dubai	GBR2265	1
200 Butterfly	2:46.93	2:45.00	288	16/12/22	Bahrain Swimming National Day Champ. & S3 2022	Isa Town, Bahrain	GBR1867	1
50 Backstroke	32.95	32.30	365	16/02/24	Dubai Open Swimming Championships 2024	Hamdan, Dubai	GBR2265	1
200 Individual Medley	2:42.57	2:40.10	344	16/02/24	Dubai Open Swimming Championships 2024	Hamdan, Dubai	GBR2265	1
400 Individual Medley	6:00.50	5:55.60	304	30/09/22	2022 Dammam Reg Championship	Dammam	GBR2126	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.52	28.30	393	30/09/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
100 Freestyle	1:00.27	1:01.60	411	06/05/23	Last Chance Meet	Saudi Arabia	GBR2036	3
200 Freestyle	2:13.80	2:16.40	409	19/05/23	A R Championship	Saudi Arabia	GBR2037	3
400 Freestyle	4:45.62	4:50.50	410	13/04/23	Sundown Iftarnoon	Dhahran	GBR1982	3
800 Freestyle	10:05.58	10:15.10	392	19/11/22	New Member Short Course	Various	OVE446	2
50 Butterfly	29.65	30.30	394	19/11/23	NOVA Centurion November Meet 2023	Nottingham	EM231063	2
100 Butterfly	1:08.63	1:09.70	337	22/10/23	Loughborough Swimming International SC Meet 2023	Moorways SV	EM231601	2
200 Butterfly	2:47.82	2:49.70	258	20/10/23	Loughborough Swimming International SC Meet 2023	Moorways SV	EM231601	2
50 Backstroke	31.30	31.90	352	30/09/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
100 Backstroke	1:11.65	1:12.80	306	01/10/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
200 Backstroke	2:48.57	2:50.50	246	29/03/22	New Member Short Course	Various	OVE446	2
200 Individual Medley	2:35.45	2:38.00	350	19/05/23	A R Championship	Saudi Arabia	GBR2037	3
400 Individual Medley	5:47.22	5:52.20	309	26/11/23	Shrewsbury ASC Club Championships 2023	Shrewsbury	WM232507	4