

Individual Best Times (All Time)

Hope Adams - (1667354) - Bridlington SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Breaststroke	1:00.08	1:00.60	105	04/03/23	Hull & District Development Meet 2023	Bridlington	NE230456	4
100 Breaststroke	1:57.03	1:58.10	151	16/12/23	Barracudas Winter Solstice County Qualifier 2023	Beverley	NE231715	3
200 Breaststroke	4:08.68	4:10.80	158	22/11/23	Bridlington SC Club Champs 2023	Bridlington	NE232472	4