

Individual Best Times (All Time)

Mohammed Abdul Bari - (1679110) - Barking & Dagenham Aquatics Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.90	31.60	277	26/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
100 Freestyle	1:10.44	1:11.60	257	26/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
200 Freestyle	2:44.86	2:47.00	218	25/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
50 Breaststroke	40.60	41.40	232	25/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
100 Breaststroke	1:32.42	1:33.80	213	25/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
50 Butterfly	35.39	35.90	232	26/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
50 Backstroke	39.50	40.00	175	25/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
100 Individual Medley	1:21.62	1:21.60	220	26/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3