

Individual Best Times (All Time)

Fraser Akmenkalns - (1690319) - Chichester (Cormorant) SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.25	40.80	125	26/05/24	Arun Tridents SC Vanessa Knight Meet 2024	Bognor Regis	SE240530	3
100 Freestyle	1:29.64	1:30.60	125	07/04/24	Arun Tridents SC Easter Open 2024	Bognor Regis	SE240233	3
50 Breaststroke	1:03.38	1:03.90	61	18/11/23	Chichester Cormorants Club Championships 2023	Portsmouth	SE232490	4
50 Butterfly	53.15	53.50	68	26/05/24	Arun Tridents SC Vanessa Knight Meet 2024	Bognor Regis	SE240530	3
50 Backstroke	46.37	46.80	108	26/05/24	Arun Tridents SC Vanessa Knight Meet 2024	Bognor Regis	SE240530	3
100 Individual Medley	1:52.47	1:52.50	84	18/11/23	Chichester Cormorants Club Championships 2023	Portsmouth	SE232490	4