

Individual Best Times (All Time)

Sophie Bonner - (1728989) - Market Drayton SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.34	40.90	183	16/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
100 Freestyle	1:26.91	1:27.90	193	25/05/24	Market Drayton Time Trials May 2024	Market Drayton	WM241287	4
200 Freestyle	3:15.85	3:17.60	178	17/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
400 Freestyle	6:38.00	6:41.50	196	06/04/24	Market Drayton 400m & 800m Time Trials 2024	Market Drayton	WM240897	4
50 Breaststroke	1:00.09	1:00.60	105	09/12/23	Market Drayton SC Club Champs 2023	Market Drayton	WM232125	4
50 Butterfly	49.00	49.40	123	16/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
50 Backstroke	46.11	46.50	164	17/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
100 Backstroke	1:34.86	1:35.70	193	16/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
200 Backstroke	3:21.40	3:23.10	205	16/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
100 Individual Medley	1:41.09	1:41.10	174	25/05/24	Market Drayton Time Trials May 2024	Market Drayton	WM241287	4