

Individual Best Times (All Time)

Amy Andrawos - (271803) - Borough of Harrow S C

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.91	36.30	261	31/03/12	Bracknell & Wokingham Level 3 Meet	Aldershot	SE2073	3
200 Freestyle	2:49.27	2:47.20	296	31/03/12	Bracknell & Wokingham Level 3 Meet	Aldershot	SE2073	3
50 Backstroke	44.55	44.10	219	31/03/12	Bracknell & Wokingham Level 3 Meet	Aldershot	SE2073	3
100 Backstroke	1:33.37	1:32.50	231	31/03/12	Bracknell & Wokingham Level 3 Meet	Aldershot	SE2073	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.34	35.90	273	02/02/13	Ealing L3 Open Meet	Northolt	LR3044	3
100 Freestyle	1:15.93	1:17.00	289	16/06/13	Borough of Harrow SC End of Season Open Meet	Barnet	LR3187	3
200 Freestyle	2:44.80	2:46.90	299	16/06/13	Borough of Harrow SC End of Season Open Meet	Barnet	LR3187	3
400 Freestyle	5:55.79	5:59.70	274	02/11/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
800 Freestyle	12:32.43	12:40.10	255	26/10/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
50 Breaststroke	49.90	50.50	183	05/01/13	Borough of Harrow County Time Trials	Harrow	LR3124	4
100 Breaststroke	1:53.14	1:54.30	167	13/05/12	Barnett Coptall SC Kate Lack Trophy Gala	Barnet	LR2317	4
200 Breaststroke	4:06.10	4:08.20	163	02/11/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
50 Butterfly	41.93	42.40	196	16/06/13	Borough of Harrow SC End of Season Open Meet	Barnet	LR3187	3
100 Butterfly	1:35.22	1:36.00	182	16/06/13	Borough of Harrow SC End of Season Open Meet	Barnet	LR3187	3
200 Butterfly	3:54.01	3:55.40	133	02/11/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
50 Backstroke	41.08	41.60	232	23/02/14	The Borough of Harrow John Basford Open Meet	London	LR4237	3
100 Backstroke	1:27.40	1:28.30	247	23/02/14	The Borough of Harrow John Basford Open Meet	London	LR4237	3
200 Backstroke	3:06.87	3:08.70	257	03/11/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
200 Individual Medley	3:21.03	3:23.00	222	22/01/12	Hillingdon County Qualifier	Hillingdon	LR2092	4
400 Individual Medley	7:01.94	7:06.10	231	03/11/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
100 Individual Medley	1:31.26	1:31.30	237	11/02/12	Harrow & Wealdstone John Basford Open Meet	Barnet	LR2093	4