

Individual Best Times (All Time)

Francesca Beale - (27427) - Stockport Metro SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.57	30.90	418	01/04/06	Bexley Long Course Open Mt	Crystal Palace	LR6026	2
50 Breaststroke	37.75	36.90	460	06/04/07	Leatherhead Easter Open	Crystal Palace	SE7014	2
100 Breaststroke	1:21.61	1:20.10	485	02/04/06	Bexley Long Course Open Mt	Crystal Palace	LR6026	2
200 Breaststroke	2:52.49	2:49.40	507	14/04/06	Crawley Spring Meet	Crawley	SE6123	2
200 Individual Medley	2:42.61	2:40.20	466	06/04/07	Leatherhead Easter Open	Crystal Palace	SE7014	2

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.67	31.30	417	06/01/06	Dover & Canterbury Mt	Canterbury	SE6025	2
100 Freestyle	1:06.92	1:08.20	423	27/10/07	East Invicta Champs	Canterbury	SE7279	2
200 Freestyle	2:26.18	2:28.50	429	18/01/04	CANS & DLCS Icebreaker Open Mt	Canterbury	L2S020	2
400 Freestyle	4:58.33	5:03.00	466	06/01/06	Dover & Canterbury Mt	Canterbury	SE6025	2
50 Breaststroke	37.75	38.60	424	12/03/05	Kent County Championships	Gillingham	CCS544	2
100 Breaststroke	1:19.42	1:21.00	484	11/03/06	Kent County Championships	Gillingham	CC6047	2
200 Breaststroke	2:49.00	2:52.10	504	06/01/06	Dover & Canterbury Mt	Canterbury	SE6025	2
100 Butterfly	1:21.03	1:22.00	296	24/04/05	Orpington Ojays 2005 Open Meet	Gillingham	L2S259	2
100 Backstroke	1:29.97	1:30.90	227	09/06/02	Black Lion 4th Open Meet	Gillingham	DMS115	2
200 Backstroke	2:39.64	2:41.70	413	19/02/06	Kent County Championships	Gillingham	CC6044	2
200 Individual Medley	2:35.70	2:38.20	479	05/03/06	Kent County Championships	Tunbridge Wells	CC6046	2
400 Individual Medley	5:29.78	5:35.10	484	11/03/06	Kent County Championships	Gillingham	CC6047	2