

Individual Best Times (All Time)

Abbie Allenson - (463845) - Edinburgh University

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.42	31.80	386	03/07/11	City of Sunderland ASC Summer Splash	Sunderland	NE1432	3
100 Freestyle	1:07.07	1:05.80	458	12/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	NE4760	3
200 Freestyle	2:22.82	2:20.40	493	13/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	NE4760	3
400 Freestyle	5:05.62	5:01.00	456	12/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
800 Freestyle	10:32.16	10:22.90	451	11/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
50 Breaststroke	41.89	41.10	337	13/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	NE4760	3
100 Breaststroke	1:35.34	1:34.00	304	03/07/11	City of Sunderland ASC Summer Splash	Sunderland	NE1432	3
50 Butterfly	31.39	30.80	471	22/01/16	East District Age Group Championships	Edinburgh	SCO1071	1
100 Butterfly	1:11.47	1:10.40	467	02/02/13	Northumberland & Durham County Champs	Sunderland	CC3095	1
200 Butterfly	2:41.23	2:39.30	431	03/02/13	Northumberland & Durham County Champs	Sunderland	CC3095	1
50 Backstroke	34.62	34.00	467	22/01/16	East District Age Group Championships	Edinburgh	SCO1071	1
100 Backstroke	1:14.81	1:13.70	450	17/02/13	Northumberland & Durham County Champs	Sunderland	CC3096	1
200 Backstroke	2:40.72	2:38.60	449	08/03/14	Northumberland & Durham SA County Champs	Sunderland	CC4066	1
200 Individual Medley	2:43.40	2:41.00	459	17/05/14	City of Sunderland May Open 2014	Sunderland	NE4378	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.38	31.10	429	01/11/14	Wear Valley Guy Fawkes Meet	Bishop Auckland	NE4303	3
100 Freestyle	1:05.19	1:06.50	457	05/04/14	BOSSS 2014 Spring Gala	Billingham	NE4114	3
200 Freestyle	2:19.93	2:22.40	489	16/06/13	Durham City Club Summer Gala	Durham	NE3600	4
400 Freestyle	5:03.61	5:08.20	442	06/10/12	City of Leeds SC October B Grade Meet	Leeds	NE2377	3
800 Freestyle	10:25.30	10:34.50	445	11/11/12	Durham City ASC November Time Trial	Durham	NE2859	4
50 Breaststroke	41.74	42.50	313	13/07/13	Durham City End of Season Gala	Durham	NE3541	3
100 Breaststroke	1:29.59	1:31.00	337	21/10/12	Durham City SC Medley Challenge 2012	Durham	NE2631	4
200 Breaststroke	3:11.46	3:14.20	347	17/11/13	Borough of Stockton Winter Festival	Billingham	NE3706	3
50 Butterfly	31.53	32.10	462	22/06/14	Durham City ASC Summer Gala	Durham	NE4755	4
100 Butterfly	1:10.87	1:11.90	443	12/05/12	Middlesbrough 11th Open Meet	Middlesbrough	NE2183	2
200 Butterfly	2:40.22	2:42.20	416	24/11/13	Durham City Autumn Gala	Durham	NE3915	4
50 Backstroke	34.58	35.20	389	23/11/14	Durham City Winter Galas	Durham	NE14675	4
100 Backstroke	1:13.56	1:14.60	415	24/11/13	Durham City Autumn Gala	Durham	NE3915	4
200 Backstroke	2:36.75	2:38.90	436	06/04/14	BOSSS 2014 Spring Gala	Billingham	NE4114	3
200 Individual Medley	2:39.14	2:41.60	448	23/03/13	North Tyneside Mad March Hare	Stanley	NE3419	3
400 Individual Medley	5:46.20	5:51.20	418	08/02/14	Durham City Very Last Chance Qualifier	Durham	NE4299	3
100 Individual Medley	1:16.14	1:16.10	408	23/11/14	Durham City Winter Galas	Durham	NE14675	4