## **Individual Best Times (All Time)**

## Nicholas Borrett - (472889) - Stowmarket SC

## **Long Course**

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:02.59	1:01.20	419	07/01/18	BWFSC L3 New Year Meet 2018	London	LR180217	3
50 Breaststroke	39.33	38.50	287	07/01/18	BWFSC L3 New Year Meet 2018	London	LR180217	3

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.10	27.90	411	26/11/17	Stowmarket Club Championships 2017	Stowmarket	ER172068	4
100 Freestyle	59.54	1:00.90	427	20/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
200 Freestyle	2:12.08	2:14.70	425	07/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	ER160492	3
400 Freestyle	4:43.73	4:48.60	418	28/02/16	Suffolk County Championships 2016	Ipswich	ER160409	2
1500 Freestyle	19:39.87	19:57.20	369	23/11/16	Stowmarket Club Championships	Stowmarket	ER162135	4
50 Breaststroke	37.84	38.70	286	19/03/17	Teamipswich March Open 2017	Ipswich	ER170552	3
100 Breaststroke	1:22.90	1:24.40	296	06/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	ER170752	3
200 Breaststroke	2:59.44	3:02.40	300	20/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
50 Butterfly	31.73	32.30	322	20/03/16	Teamipswich March Open 2016	Ipswich	ER160137	3
100 Butterfly	1:14.22	1:15.20	266	19/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
200 Butterfly	2:47.68	2:49.60	258	20/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
50 Backstroke	33.20	33.80	295	26/11/17	Stowmarket Club Championships 2017	Stowmarket	ER172068	4
100 Backstroke	1:11.05	1:12.20	314	18/11/17	Stowmarket Club Championships 2017	Stowmarket	ER172065	4
200 Backstroke	2:31.91	2:34.10	336	18/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
200 Individual Medley	2:32.10	2:34.70	374	30/09/17	West Suffolk Neate Meet	Bury St Edmunds	ER171266	3
400 Individual Medley	5:25.06	5:30.40	376	18/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
100 Individual Medley	1:10.49	1:10.50	341	17/07/16	Teamipswich July Surprize Meet 2016	Ipswich	ER160950	3

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