

Individual Best Times (All Time)

Kieran Allinson - (482090) - Staines Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.58	31.30	286	19/10/14	Staines SC Black Swan Winter Meet	Elmbridge	SE4162	3
100 Freestyle	1:07.91	1:09.10	287	09/11/14	Staines Club Championships	Staines	SE14371	4
200 Freestyle	2:47.07	2:49.10	210	25/09/13	Staines Club Championships	Elmbridge	SE3674	4
400 Freestyle	5:40.69	5:44.80	241	12/10/14	Staines Club Championships	Englefield	SE14370	4
1500 Freestyle	23:25.65	23:40.30	218	15/12/13	Staines SC Club Championships	Staines	SE3673	4
50 Breaststroke	44.47	45.20	176	18/10/14	Staines SC Black Swan Winter Meet	Elmbridge	SE4162	3
100 Breaststroke	1:37.45	1:38.70	182	16/11/14	Staines Club Championships	Staines	SE14372	4
200 Breaststroke	3:36.73	3:39.20	170	24/09/13	Staines Club Championships	Elmbridge	SE3674	4
50 Butterfly	35.74	36.30	225	18/10/14	Staines SC Black Swan Winter Meet	Elmbridge	SE4162	3
50 Backstroke	36.75	37.30	217	28/09/14	Staines Club Championships	Staines	SE14368	4
100 Backstroke	1:28.53	1:29.40	162	24/09/13	Staines Club Championships	Elmbridge	SE3674	4
200 Backstroke	3:06.12	3:07.90	182	25/09/13	Staines Club Championships	Elmbridge	SE3674	4
200 Individual Medley	2:56.29	2:58.50	240	09/11/14	Staines Club Championships	Staines	SE14371	4
100 Individual Medley	1:25.07	1:25.10	194	25/09/13	Staines Club Championships	Elmbridge	SE3674	4