

Individual Best Times (All Time)

Richard Albrighton - (501050) - City of Coventry SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.06	25.20	516	10/07/16	City of Coventry Graham Sykes Meet 2016	Coventry	WM160573	3
100 Freestyle	56.38	54.90	574	05/03/16	Warwickshire ASA Championships	Coventry	WM160091	1
200 Freestyle	2:03.03	2:00.20	569	02/05/16	West Midlands ASA Championships	Coventry	WM160481	1
400 Freestyle	4:22.13	4:16.70	591	01/05/16	West Midlands ASA Championships	Coventry	WM160481	1
1500 Freestyle	17:33.94	17:14.20	564	03/05/14	Midland Swimming - 2014 Youth Championships	Corby	EMR411	1
50 Breaststroke	34.25	33.30	434	10/07/16	City of Coventry Graham Sykes Meet 2016	Coventry	WM160573	3
100 Breaststroke	1:16.04	1:14.40	418	10/07/16	City of Coventry Graham Sykes Meet 2016	Coventry	WM160573	3
200 Breaststroke	2:50.05	2:46.90	401	09/07/16	City of Coventry Graham Sykes Meet 2016	Coventry	WM160573	3
50 Butterfly	30.25	29.60	399	09/07/16	City of Coventry Graham Sykes Meet 2016	Coventry	WM160573	3
100 Butterfly	1:13.50	1:12.50	304	15/12/13	City of Coventry Club Championships	Coventry	WM31014	4
50 Backstroke	32.32	31.70	386	04/07/15	City of Coventry Graham Sykes Meet	Coventry	WM150919	3
100 Backstroke	1:08.37	1:07.20	429	13/12/15	City of Coventry Club Championships 2015	Coventry	WM152275	4
200 Backstroke	2:24.57	2:22.20	463	09/07/16	City of Coventry Graham Sykes Meet 2016	Coventry	WM160573	3
200 Individual Medley	2:24.07	2:21.30	495	28/01/17	Warwickshire Swimming Championships	Coventry	WM170010	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.85	26.60	474	01/10/16	Coventry & District ASC Primary Galas 2016	Nuneaton	WM161567	3
100 Freestyle	55.58	57.10	525	27/03/16	City of Birmingham 23rd Open Meet	Birmingham	WM160128	2
200 Freestyle	2:01.20	2:04.00	551	28/03/16	City of Birmingham 23rd Open Meet	Birmingham	WM160128	2
400 Freestyle	4:15.10	4:20.50	575	06/12/15	Maxwell December 2015 L3 Meet	Aylesbury	SE152061	3
1500 Freestyle	17:20.03	17:39.70	539	03/04/15	City of Birmingham 22nd Open Meet	Stechford	WM150467	2
50 Breaststroke	34.97	35.90	363	17/05/14	Coventry & District Association of Swimming Clubs	Nuneaton	WM4385	3
100 Breaststroke	1:17.43	1:19.00	363	17/05/14	Coventry & District Association of Swimming Clubs	Nuneaton	WM4385	3
200 Breaststroke	3:43.25	3:45.60	155	03/10/09	Coventry & Dist Age Grp	Nuneaton	WM9469	2
50 Butterfly	30.94	31.50	347	18/05/14	Coventry & District Association of Swimming Clubs	Nuneaton	WM4385	3
50 Backstroke	31.64	32.30	341	17/05/14	Coventry & District Association of Swimming Clubs	Nuneaton	WM4385	3
100 Backstroke	1:06.91	1:08.10	376	17/05/14	Coventry & District Association of Swimming Clubs	Nuneaton	WM4385	3
200 Backstroke	2:30.60	2:32.80	345	05/10/13	Coventry & District ASC Championships	Nuneaton	WM3624	2
200 Individual Medley	2:21.69	2:24.40	463	27/03/16	City of Birmingham 23rd Open Meet	Birmingham	WM160128	2
400 Individual Medley	5:10.29	5:15.90	433	04/10/14	Coventry & District Swimming Club Champs	Nuneaton	WM4775	2
100 Individual Medley	1:06.09	1:06.10	414	04/04/15	City of Birmingham 22nd Open Meet	Stechford	WM150467	2