

# Individual Best Times (All Time)

Molly Anderson - (515388) - Orkney ASC

Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet                                | Venue     | License | Level |
|-----------------------|---------|-----------------|-----------|----------|-------------------------------------|-----------|---------|-------|
| 50 Freestyle          | 32.51   | 33.10           | 350       | 22/11/15 | SASC Club Gala 2015                 | Stromness | SCO1044 | 2     |
| 100 Freestyle         | 1:12.12 | 1:13.30         | 338       | 20/09/15 | 37 Thurso Open                      | Thurso    | SCO1020 | 2     |
| 200 Freestyle         | 2:43.07 | 2:45.20         | 309       | 22/11/14 | Stromness Club Championships        | Stromness | SCO912  | 2     |
| 400 Freestyle         | 5:46.77 | 5:50.80         | 296       | 22/11/14 | Stromness Club Championships        | Stromness | SCO912  | 2     |
| 50 Breaststroke       | 45.27   | 46.00           | 246       | 22/11/15 | SASC Club Gala 2015                 | Stromness | SCO1044 | 2     |
| 100 Breaststroke      | 1:36.84 | 1:38.10         | 267       | 06/06/15 | 2015 Orkney Age Group Championships | Orkney    | SCO988  | 2     |
| 50 Butterfly          | 37.07   | 37.60           | 284       | 22/11/15 | SASC Club Gala 2015                 | Stromness | SCO1044 | 2     |
| 100 Butterfly         | 1:23.14 | 1:24.10         | 274       | 19/09/15 | 37 Thurso Open                      | Thurso    | SCO1020 | 2     |
| 50 Backstroke         | 37.70   | 38.20           | 300       | 22/11/15 | SASC Club Gala 2015                 | Stromness | SCO1044 | 2     |
| 100 Backstroke        | 1:22.65 | 1:23.60         | 292       | 19/09/15 | 37 Thurso Open                      | Thurso    | SCO1020 | 2     |
| 200 Individual Medley | 3:01.49 | 3:03.70         | 302       | 06/06/15 | 2015 Orkney Age Group Championships | Orkney    | SCO988  | 2     |
| 400 Individual Medley | 7:12.05 | 7:16.10         | 215       | 31/05/12 | Reverend Fox IM Challenge           | Orkney    | SCO635  | 2     |
| 100 Individual Medley | 1:22.06 | 1:22.10         | 326       | 22/11/15 | SASC Club Gala 2015                 | Stromness | SCO1044 | 2     |