

Individual Best Times (All Time)

Susannah Allsop - (543072) - Ripley SC (rascals)

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.28	35.70	275	29/11/09	DASA 50M Sprint Gala	Sheffield	EM9593	3
50 Breaststroke	44.44	43.70	282	29/11/09	DASA 50M Sprint Gala	Sheffield	EM9593	3
50 Butterfly	44.50	44.10	165	29/11/09	DASA 50M Sprint Gala	Sheffield	EM9593	3
50 Backstroke	42.96	42.50	244	29/11/09	DASA 50M Sprint Gala	Sheffield	EM9593	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.63	33.30	347	18/01/14	Ripley Rascals Open Meet	Matlock	EM4042	3
100 Freestyle	1:11.82	1:13.00	342	18/01/14	Ripley Rascals Open Meet	Matlock	EM4042	3
200 Freestyle	2:41.29	2:43.40	319	18/01/14	Ripley Rascals Open Meet	Matlock	EM4042	3
50 Breaststroke	45.66	46.30	239	07/03/09	Derbyshire County Champs	Eckington	CC9116	2
100 Breaststroke	1:31.43	1:32.80	317	18/01/14	Ripley Rascals Open Meet	Matlock	EM4042	3
200 Breaststroke	3:41.49	3:43.90	224	14/03/09	Derbyshire County Champs	Derby	CC9117	2
200 Individual Medley	3:28.06	3:30.00	200	15/03/09	Derbyshire County Champs	Derby	CC9117	2
100 Individual Medley	1:35.21	1:35.20	209	21/03/09	Derbyshire County Champs	Derby	CC9118	2