

Individual Best Times (All Time)

Louise Barrett - (559957) - Stowmarket SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:13.93	1:12.80	342	19/04/19	CoNSC EASTER MEET 2019	Norwich	ER190358	1
200 Freestyle	2:52.17	2:50.10	281	07/01/18	BWFSC L3 New Year Meet 2018	London	LR180217	3
50 Breaststroke	42.42	41.70	324	19/04/19	CoNSC EASTER MEET 2019	Norwich	ER190358	1
100 Breaststroke	1:34.43	1:33.10	313	07/01/18	BWFSC L3 New Year Meet 2018	London	LR180217	3
200 Individual Medley	3:03.78	3:01.60	323	07/01/18	BWFSC L3 New Year Meet 2018	London	LR180217	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.44	34.10	322	13/05/18	The A'MAY'zing Spring Development Meet	Bury St Edmunds	ER180723	3
100 Freestyle	1:12.65	1:13.80	330	23/03/19	Stowmarket Sprint Into Spring Open Meet	Stowmarket	ER190248	3
200 Freestyle	2:39.99	2:42.20	327	12/10/19	Stowmarket Club Championships	Stowmarket	ER192841	4
400 Freestyle	5:40.35	5:44.50	313	16/11/18	Stowmarket Club Championships 2018	Stowmarket	ER182452	4
800 Freestyle	11:55.94	12:04.00	296	22/11/17	Stowmarket Club Championships 2017	Stowmarket	ER172066	4
50 Breaststroke	41.23	42.00	325	16/11/19	Stowmarket Club Championships	Stowmarket	ER192842	4
100 Breaststroke	1:28.87	1:30.30	345	17/11/18	Stowmarket Club Championships 2018	Stowmarket	ER182452	4
200 Breaststroke	3:07.05	3:09.90	372	01/10/17	West Suffolk Neate Meet	Bury St Edmunds	ER171266	3
50 Butterfly	39.41	39.90	236	26/11/17	Stowmarket Club Championships 2017	Stowmarket	ER172068	4
100 Butterfly	1:37.21	1:38.00	171	19/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
50 Backstroke	38.31	38.80	286	16/11/19	Stowmarket Club Championships	Stowmarket	ER192842	4
100 Backstroke	1:23.18	1:24.10	287	15/10/16	Deben Open Meet 2016	Deben	ER161900	3
200 Backstroke	2:59.45	3:01.30	291	17/12/17	Stowmarket No Frills Open meet	Stowmarket	ER172205	3
200 Individual Medley	2:51.85	2:54.10	356	15/11/19	Stowmarket Club Championships	Stowmarket	ER192842	4
400 Individual Medley	6:12.00	6:16.70	337	17/11/18	Stowmarket Club Championships 2018	Stowmarket	ER182452	4
100 Individual Medley	1:21.24	1:21.20	336	14/07/19	Teamipswich July Surprize Meet 2019	Ipswich	ER190273	3