

Individual Best Times (All Time)

Sophie Bunker - (732533) - Sutton In Ashfield SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.39	28.70	518	29/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	NE150211	1
100 Freestyle	1:04.42	1:03.10	517	19/07/15	Nottinghamshire ASA Summer Gala 2015	Nottingham	EM150974	3
200 Freestyle	2:18.42	2:15.90	541	18/07/15	Nottinghamshire ASA Summer Gala 2015	Nottingham	EM150974	3
400 Freestyle	4:50.22	4:45.30	533	02/05/15	Midland Swimming Spring Championships 2015	Corby	EM150799	1
50 Breaststroke	38.07	37.20	449	05/02/17	Nottingham ASA County Championships 2017	Nottingham	EM170341	1
100 Breaststroke	1:22.96	1:21.40	461	16/01/16	Nottinghamshire ASA County Championships 2016	Nottingham	EM160138	1
200 Breaststroke	3:00.21	2:57.30	444	06/04/14	Derwentio Excel 8th LC Open Meet	Sheffield	EM4029	1
50 Backstroke	40.57	40.10	290	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	EM2255	3
200 Individual Medley	2:37.15	2:34.60	516	14/02/16	Nottinghamshire ASA County Championships	Nottingham	EM160140	1
400 Individual Medley	5:34.01	5:28.70	504	17/01/16	Nottinghamshire ASA County Championships 2016	Nottingham	EM160138	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.79	29.50	505	01/03/14	Nottinghamshire ASA BG Age Group Champs	Mansfield	CC4034	2
100 Freestyle	1:02.52	1:03.80	519	16/07/16	Chesterfield Summer Splash	Matlock	EM161236	3
200 Freestyle	2:12.93	2:15.50	571	12/04/15	The 2015 Leicester Age Group Meet	Leicester	EM150392	3
400 Freestyle	4:39.31	4:44.30	567	12/04/15	The 2015 Leicester Age Group Meet	Leicester	EM150392	3
800 Freestyle	9:58.79	10:08.40	506	26/11/15	Sutton-in-Ashfield SC Club Championships 2015	Sutton-in-Ashfield	EM151783	4
50 Breaststroke	37.11	37.90	446	06/02/16	Nottinghamshire ASA County Championships 2016	Mansfield	EM160139	2
100 Breaststroke	1:19.93	1:21.50	474	02/04/17	Mansfield Acorn Open Meet	Hucknall	EM170546	3
200 Breaststroke	2:53.66	2:56.70	465	21/11/15	Mansfield Major Oak Open Meet	Mansfield	EM151458	3
50 Butterfly	34.25	34.80	360	29/11/15	Sutton-in-Ashfield Club Championships 2015	Sutton-in-Ashfield	EM151784	4
100 Butterfly	1:16.86	1:17.80	347	15/11/15	Sutton-in-Ashfield Club Championships 2015	Sutton-in-Ashfield	EM151782	4
200 Butterfly	2:52.18	2:54.00	335	06/12/15	Sutton-in-Ashfield Club Championships 2015	Sutton-in-Ashfield	EM151786	4
50 Backstroke	35.66	36.20	355	01/03/14	Nottinghamshire ASA BG Age Group Champs	Mansfield	CC4034	2
100 Backstroke	1:15.12	1:16.20	390	27/11/16	Sutton in Ashfield Club Championships	Sutton in Ashfield	EM161628	4
200 Backstroke	2:38.42	2:40.50	423	09/11/14	Sutton in Ashfield Club Championships	Sutton in Ashfield	EM14417	4
200 Individual Medley	2:33.25	2:35.80	502	14/03/15	Nottinghamshire County Championships	Nottingham	CC150386	2
400 Individual Medley	5:25.27	5:30.60	504	12/04/15	The 2015 Leicester Age Group Meet	Leicester	EM150392	3
100 Individual Medley	1:12.10	1:12.10	481	06/02/16	Nottinghamshire ASA County Championships 2016	Mansfield	EM160139	2