

# Individual Best Times (All Time)

Luke Adey - (741754) - Dawlish SC

Long Course

| Stroke                | LC Time  | Converted to SC | LC WA Pts | Date     | Meet                                        | Venue      | Licence  | Level |
|-----------------------|----------|-----------------|-----------|----------|---------------------------------------------|------------|----------|-------|
| 50 Freestyle          | 27.84    | 27.10           | 423       | 01/05/16 | ASA SWR Summer Championships                | Plymouth   | SW160535 | 1     |
| 100 Freestyle         | 1:00.92  | 59.50           | 455       | 27/03/16 | Exeter City Easter Meet 2016                | Millfield  | SW160324 | 1     |
| 200 Freestyle         | 2:16.72  | 2:14.20         | 415       | 03/05/15 | ASA South West Summer Championships         | Plymouth   | SW150229 | 1     |
| 400 Freestyle         | 4:54.07  | 4:49.30         | 419       | 18/05/14 | COBEXE May Meet 2014                        | Hengrove   | SW4432   | 1     |
| 800 Freestyle         | 12:51.27 | 12:43.70        | 201       | 07/05/11 | Taunton Dean Level 1 Meet                   | Millfield  | SW1025   | 1     |
| 1500 Freestyle        | 19:01.80 | 18:43.60        | 443       | 04/05/15 | ASA South West Summer Championships         | Plymouth   | SW150229 | 1     |
| 50 Breaststroke       | 36.13    | 35.20           | 370       | 02/05/16 | ASA SWR Summer Championships                | Plymouth   | SW160535 | 1     |
| 100 Breaststroke      | 1:29.52  | 1:28.10         | 256       | 06/04/14 | Frome & Wells 3 Towers Open Meet            | Millfield  | SW4310   | 3     |
| 200 Breaststroke      | 3:06.19  | 3:03.30         | 306       | 05/04/15 | Portsmouth Northsea Easter Festival L1 Meet | Portsmouth | SE150138 | 1     |
| 50 Butterfly          | 31.35    | 30.70           | 358       | 27/03/16 | Exeter City Easter Meet 2016                | Millfield  | SW160324 | 1     |
| 100 Butterfly         | 1:32.55  | 1:31.70         | 152       | 06/04/14 | Frome & Wells 3 Towers Open Meet            | Millfield  | SW4310   | 3     |
| 50 Backstroke         | 34.34    | 33.80           | 322       | 27/03/16 | Exeter City Easter Meet 2016                | Millfield  | SW160324 | 1     |
| 100 Backstroke        | 1:13.93  | 1:12.80         | 340       | 03/04/15 | Portsmouth Northsea Easter Festival L1 Meet | Portsmouth | SE150138 | 1     |
| 200 Backstroke        | 2:35.18  | 2:33.00         | 375       | 03/05/15 | ASA South West Summer Championships         | Plymouth   | SW150229 | 1     |
| 200 Individual Medley | 2:46.68  | 2:44.30         | 319       | 06/04/14 | Frome & Wells 3 Towers Open Meet            | Millfield  | SW4310   | 3     |

Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet                                         | Venue      | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|----------------------------------------------|------------|----------|-------|
| 50 Freestyle          | 26.24   | 27.00           | 453       | 02/04/17 | Gloucester City Spring Meet 2017             | Gloucester | SW170441 | 2     |
| 100 Freestyle         | 57.44   | 58.90           | 475       | 01/04/17 | Gloucester City Spring Meet 2017             | Gloucester | SW170441 | 2     |
| 200 Freestyle         | 2:08.02 | 2:10.70         | 467       | 17/01/17 | Devon County Championships & Age Groups 2017 | Plymouth   | SW170375 | 2     |
| 400 Freestyle         | 4:37.10 | 4:42.10         | 449       | 17/01/16 | Devon County Championships & Age Groups 2016 | Plymouth   | SW160293 | 2     |
| 50 Breaststroke       | 34.45   | 35.30           | 379       | 03/07/16 | ASA SWR Fast 5 Competitin                    | Gloucester | SW160539 | 3     |
| 100 Breaststroke      | 1:17.79 | 1:19.40         | 358       | 07/02/16 | Devon County Championships & Age Groups 2016 | Plymouth   | SW160295 | 2     |
| 200 Breaststroke      | 2:55.65 | 2:58.60         | 320       | 17/01/15 | Devon County 2015 Championships              | Plymouth   | CC150274 | 2     |
| 50 Butterfly          | 30.13   | 30.80           | 376       | 02/04/17 | Gloucester City Spring Meet 2017             | Gloucester | SW170441 | 2     |
| 100 Butterfly         | 1:15.74 | 1:16.70         | 251       | 01/07/16 | Dawlish Club Championships 2016              | Dawlish    | SW161034 | 4     |
| 50 Backstroke         | 33.22   | 33.80           | 294       | 03/07/16 | ASA SWR Fast 5 Competitin                    | Gloucester | SW160539 | 3     |
| 100 Backstroke        | 1:07.54 | 1:08.70         | 366       | 16/01/17 | Devon County Championships & Age Groups 2017 | Plymouth   | SW170375 | 2     |
| 200 Backstroke        | 2:26.42 | 2:28.70         | 375       | 02/10/16 | Exeter October Meet                          | Plymouth   | SW161181 | 2     |
| 200 Individual Medley | 2:26.72 | 2:29.40         | 417       | 01/04/17 | Gloucester City Spring Meet 2017             | Gloucester | SW170441 | 2     |
| 400 Individual Medley | 5:41.24 | 5:46.40         | 325       | 20/02/14 | Devon County Championships                   | Plymouth   | CC4030   | 2     |
| 100 Individual Medley | 1:09.98 | 1:10.00         | 349       | 03/07/16 | ASA SWR Fast 5 Competitin                    | Gloucester | SW160539 | 3     |