

Individual Best Times (All Time)

Telor Ap-Robin - (756741) - Nofio Gwynedd Performance

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:28.84	1:27.90	146	06/07/13	Gemau Cymru 2013	Cardiff	WAL509	3
100 Breaststroke	1:56.07	1:55.00	117	06/07/13	Gemau Cymru 2013	Cardiff	WAL509	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.98	38.50	149	28/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
100 Freestyle	1:20.47	1:21.50	173	02/02/14	Swim Wales North Region Championships	Llandudno	WAL545	2
200 Freestyle	2:58.03	3:00.00	173	04/02/14	Swim Wales North Region Championships	Llandudno	WAL549	2
400 Freestyle	6:50.79	6:54.20	137	09/11/13	Caernarfon John Sharp Championships	Llandudno	WAL531	4
50 Breaststroke	50.83	51.40	118	19/10/14	Conwy County Aquatics Autumn Meet	Llandudno	WAL600	2
100 Breaststroke	1:43.35	1:44.60	153	28/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
200 Breaststroke	3:47.69	3:50.00	146	06/12/14	Swim Wales North Sub Regionals	Llandudno	WAL613	4
50 Butterfly	52.62	53.00	70	13/04/13	City of Bangor Diddy Gala	Bangor	WAL487	4
100 Butterfly	2:01.01	2:01.60	61	10/05/14	Swim Wales North Region Junior Development Meet	Llandudno	WAL567	4
50 Backstroke	48.18	48.60	96	13/04/13	City of Bangor Diddy Gala	Bangor	WAL487	4
100 Backstroke	1:35.91	1:36.70	127	10/05/14	Swim Wales North Region Junior Development Meet	Llandudno	WAL567	4
200 Backstroke	3:44.34	3:45.80	104	09/11/13	Caernarfon John Sharp Championships	Llandudno	WAL531	4
200 Individual Medley	3:25.39	3:27.30	152	11/05/14	Swim Wales North Region Junior Development Meet	Llandudno	WAL567	4
100 Individual Medley	1:41.86	1:41.90	113	25/05/13	Swim Conway Whitsun Meet	Llandudno	WAL498	2