

Individual Best Times (All Time)

Cecilia Alfonso-Eaton - (775956) - Borough of Wandsworth SA

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.62	31.00	416	15/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
100 Freestyle	1:09.65	1:08.40	409	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
200 Freestyle	2:27.09	2:24.70	451	28/05/16	Plymouth Leander Level 1 National Qualifier 2016	Plymouth	SW160104	1
400 Freestyle	5:06.14	5:01.50	454	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
50 Breaststroke	38.36	37.50	439	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Breaststroke	1:22.45	1:20.90	470	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	LR170800	1
200 Breaststroke	2:58.67	2:55.70	456	29/04/17	2017 London Swimming Regional Youth Championships	Stratford	LR170800	1
50 Butterfly	35.01	34.50	339	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Butterfly	1:22.05	1:21.10	309	16/07/16	Wycombe District End of Season Open Meet 2016	Wycombe	SE160109	3
50 Backstroke	38.70	38.20	334	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
100 Backstroke	1:22.34	1:21.40	337	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
200 Individual Medley	2:48.48	2:46.10	419	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
400 Individual Medley	5:54.92	5:49.90	420	29/01/17	Surrey Age Group Championships	Guildford	LR170175	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.75	32.40	376	14/01/17	Kingston Royals New Year Meet	Walton on the Thames	LR170252	3
100 Freestyle	1:08.06	1:09.30	402	15/01/17	Kingston Royals New Year Meet	Walton on the Thames	LR170252	3
200 Freestyle	2:25.14	2:27.50	439	02/12/17	Ealing Christmas L3 Open	London	LR170531	3
400 Freestyle	4:58.83	5:03.50	463	14/01/17	Kingston Royals New Year Meet	Walton on the Thames	LR170252	3
800 Freestyle	10:13.83	10:23.20	470	29/10/16	Wandsworth Club Championships 2016	Epsom	LR161057	4
50 Breaststroke	38.90	39.70	387	02/12/17	Ealing Christmas L3 Open	London	LR170531	3
100 Breaststroke	1:21.19	1:22.70	453	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Luton	ER172127	3
200 Breaststroke	2:53.04	2:56.10	470	10/12/17	Wandsworth Surrey Qualifier	JAGS SC	LR172521	4
50 Butterfly	34.16	34.70	363	10/12/17	Wandsworth Surrey Qualifier	JAGS SC	LR172521	4
100 Butterfly	1:19.65	1:20.60	312	16/01/16	Kingston Royals The Royals New Year Meet 2016	Walton-on-Thames	LR160282	3
200 Butterfly	2:58.74	3:00.50	299	16/01/16	Kingston Royals The Royals New Year Meet 2016	Walton-on-Thames	LR160282	3
50 Backstroke	36.90	37.40	320	02/12/17	Ealing Christmas L3 Open	London	LR170531	3
100 Backstroke	1:20.94	1:21.90	311	19/03/16	Leander Bromley & Leander Invitational Meet	London	LR160792	3
200 Backstroke	2:47.91	2:49.90	355	15/01/17	Kingston Royals New Year Meet	Walton on the Thames	LR170252	3
200 Individual Medley	2:40.84	2:43.30	434	04/03/17	Surrey Age Group Championships	Guildford	LR170179	2
400 Individual Medley	5:38.86	5:44.00	446	15/01/17	Kingston Royals New Year Meet	Walton on the Thames	LR170252	3
100 Individual Medley	1:19.26	1:19.30	362	26/09/15	Bromley Leander Dual Meet	Dulwich	LR151687	4