

Individual Best Times (All Time)

Matt Allsop - (788072) - City Of Peterborough SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.74	26.00	478	06/10/12	32nd Robin Hood Open Meet	Sheffield	EM2256	1
100 Freestyle	58.08	56.60	525	24/02/13	BUCS Long Course 2013	Sheffield	BUC007	1
200 Freestyle	2:07.44	2:04.70	512	18/02/17	BUCS Long Course Swimming Championships	Sheffield	NE170125	1
400 Freestyle	4:33.68	4:28.50	519	19/02/17	BUCS Long Course Swimming Championships	Sheffield	NE170125	1
50 Butterfly	29.11	28.50	447	07/10/12	32nd Robin Hood Open Meet	Sheffield	EM2256	1
100 Butterfly	1:04.69	1:03.50	446	22/02/14	BUCS Long Course 2014	Sheffield	BUC009	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.28	27.10	451	31/03/12	City of Peterborough Open Meet	Peterborough	ER2155	2
100 Freestyle	56.35	57.80	503	08/06/14	Derwentside ASC 5th Annual Charity Swim Meet	Stanley	NE4108	3
200 Freestyle	2:02.19	2:05.00	537	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
400 Freestyle	4:25.53	4:30.80	510	13/11/16	BUCS Short Course Swimming Championships	Sheffield	NE162003	2
1500 Freestyle	17:51.28	18:10.40	494	11/11/16	BUCS Short Course Swimming Championships	Sheffield	NE162003	2
50 Breaststroke	36.56	37.40	317	23/06/12	City of Peterborough Club Championships	Peterborough	ER2200	4
50 Butterfly	27.95	28.60	471	07/06/14	Derwentside ASC 5th Annual Charity Swim Meet	Stanley	NE4108	3
100 Butterfly	1:01.97	1:03.20	458	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
200 Butterfly	2:27.14	2:29.30	382	07/06/14	Derwentside ASC 5th Annual Charity Swim Meet	Stanley	NE4108	3
50 Backstroke	31.64	32.30	341	09/03/13	Cambridgeshire ASA County Championships	Peterborough	CC3055	2
100 Backstroke	1:11.41	1:12.50	310	07/01/12	City of Peterborough Club Championships	Peterborough	ER2200	4
200 Individual Medley	2:28.71	2:31.30	400	05/01/13	City of Peterborough SC Club Championships	Peterborough	ER3191	4
400 Individual Medley	5:27.13	5:32.50	369	18/11/11	City of Peterborough Club Champs	Peterborough	ER1141	4
100 Individual Medley	1:06.51	1:06.50	406	09/03/13	Cambridgeshire ASA County Championships	Peterborough	CC3055	2