

Individual Best Times (All Time)

Nicole Evans - (801993) - Leicester Penguins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:03.35	1:02.00	543	09/11/12	Hong Kong ASA Age Group LC Champs	Hong Kong	GB2072	1
200 Freestyle	2:12.61	2:10.00	616	09/11/12	Hong Kong ASA Age Group LC Champs	Hong Kong	GB2072	1
400 Freestyle	4:28.70	4:23.40	672	25/07/13	BG ASA National Age Groups 2013	Sheffield	ASA127	1
800 Freestyle	9:07.51	8:56.90	694	26/07/13	BG ASA National Age Groups 2013	Sheffield	ASA127	1
50 Breaststroke	40.58	39.80	371	03/07/11	Hong Kong Division 1 Age Group Champs	Kowloon	GB1042	1
200 Breaststroke	2:51.81	2:48.70	513	09/11/12	Hong Kong ASA Age Group LC Champs	Hong Kong	GB2072	1
50 Butterfly	33.16	32.60	399	03/07/11	Hong Kong Division 1 Age Group Champs	Kowloon	GB1042	1
100 Butterfly	1:06.81	1:05.70	572	25/07/13	BG ASA National Age Groups 2013	Sheffield	ASA127	1
200 Butterfly	2:23.20	2:21.00	615	26/07/13	BG ASA National Age Groups 2013	Sheffield	ASA127	1
200 Individual Medley	2:28.36	2:25.70	614	24/07/13	BG ASA National Age Groups 2013	Sheffield	ASA127	1
400 Individual Medley	5:02.38	4:56.50	679	13/04/14	Samsung 57th Festival of Sport	Hong Kong	GBR004	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
200 Freestyle	2:04.48	2:07.20	695	14/03/14	Hong Kong Age Group Short Course Champs	Hong Kong	GB4018	2
400 Freestyle	4:19.73	4:25.10	706	14/03/14	Hong Kong Age Group Short Course Champs	Hong Kong	GB4018	2
800 Freestyle	8:49.19	9:00.00	734	14/03/14	Hong Kong Age Group Short Course Champs	Hong Kong	GB4018	2
100 Breaststroke	1:21.33	1:22.90	450	16/03/12	Hong Kong SC Championships	Hong Kong	GB2024	2
200 Breaststroke	2:49.81	2:52.90	497	16/03/12	Hong Kong SC Championships	Hong Kong	GB2024	2
50 Butterfly	33.77	34.30	376	07/04/12	City of Birmingham Open Meet	Birmingham	WM2033	2
100 Butterfly	1:08.91	1:10.00	482	13/01/13	Hong Kong ASA Div 1 Age Group Competition	Hong Kong	GB3002	2
200 Butterfly	2:17.90	2:20.20	652	14/03/14	Hong Kong Age Group Short Course Champs	Hong Kong	GB4018	2
200 Backstroke	2:30.76	2:33.00	491	13/01/13	Hong Kong ASA Div 1 Age Group Competition	Hong Kong	GB3002	2
200 Individual Medley	2:20.43	2:23.20	653	14/03/14	Hong Kong Age Group Short Course Champs	Hong Kong	GB4018	2
400 Individual Medley	4:58.64	5:04.50	651	14/03/14	Hong Kong Age Group Short Course Champs	Hong Kong	GB4018	2
100 Individual Medley	1:13.46	1:13.50	455	07/04/12	City of Birmingham Open Meet	Birmingham	WM2033	2